



**Australian Government**

**Department of Health**

# **Application Form**

## **Genomic testing for the diagnosis of neuromuscular disorders**

This application form is to be completed for new and amended requests for public funding (including but not limited to the Medicare Benefits Schedule (MBS)). It describes the detailed information that the Australian Government Department of Health requires in order to determine whether a proposed medical service is suitable.

Please use this template, along with the associated Application Form Guidelines to prepare your application. Please complete all questions that are applicable to the proposed service, providing relevant information only. Applications not completed in full will not be accepted.

Should you require any further assistance, departmental staff are available through the Health Technology Assessment Team (HTA Team) on the contact numbers and email below to discuss the application form, or any other component of the Medical Services Advisory Committee process.

Phone: +61 2 6289 7550

Fax: +61 2 6289 5540

Email: [hta@health.gov.au](mailto:hta@health.gov.au)

Website: [www.msac.gov.au](http://www.msac.gov.au)

# PART 1 – APPLICANT DETAILS

## 1. Applicant details (primary and alternative contacts)

Corporation / partnership details (where relevant):

Corporation name: The Royal College of Pathologists of Australasia

ABN: 52 000 173 231

Business trading name: The Royal College of Pathologists of Australasia

### Primary contact name: REDACTED

Primary contact numbers

Business: REDACTED

Mobile: REDACTED

Email: REDACTED

### Alternative contact name: REDACTED

Alternative contact numbers

Business: REDACTED

Mobile: REDACTED

Email: REDACTED

### Alternative contact name: REDACTED

Alternative contact numbers

Business:

Mobile: REDACTED

Email: REDACTED

## 2. (a) Are you a lobbyist acting on behalf of an Applicant?

Yes

No

### (b) If yes, are you listed on the Register of Lobbyists?

Yes

No

## PART 2 – INFORMATION ABOUT THE PROPOSED MEDICAL SERVICE

### 3. Application title

Genetic testing for the diagnosis of neuromuscular disorders.

### 4. Provide a succinct description of the medical condition relevant to the proposed service (no more than 150 words – further information will be requested at Part F of the Application Form)

Neuromuscular disorders (NMDs) are a broad range of disorders. NMDs can be roughly allocated into four categories: muscle disorders such as Duchenne muscular dystrophy (DMD); motor neuron disorders including spinal muscular atrophies (SMAs); neuropathies such as Charcot-Marie-Tooth disease (CMT); and neuromuscular junction disorders (Arnold & Flanigan 2012). They have a high level of clinical and genetic heterogeneity, and overlapping phenotypes (Fattahi et al 2017). Many NMDs present antenatally or in early infancy and are associated with significant disability or life-threatening complications. NMDs tend to be genetic in origin, can be inherited as autosomal dominant, autosomal recessive, X-linked, or mitochondrial traits, however, *de novo* pathogenic variants are also common (Laing 2012). While historically treatment options for NMD were poor, new developments offer curative interventions or decrease morbidity and mortality (Dowling et al 2018). Many of the new treatments for NMDs are guided by establishment of a definitive genetic diagnosis.

### 5. Provide a succinct description of the proposed medical service (no more than 150 words – further information will be requested at Part 6 of the Application Form)

- i. **Gene panel testing to identify pathogenic variants for genetic neuromuscular disorders in patients where clinical criteria or a family history indicate that genetic testing is warranted:** As NMDs can be difficult to categorise, broad panels of genes sequenced by next generation sequencing (NGS) are considered the best option in order to capture as many potential causative variants as possible. *Fewer genes on a panel would result in a reduced diagnostic rate.* Based on clinical criteria, patients will be triaged to undergo testing with *either* a myopathy or neuropathy panel.
- ii. **Cascade testing of family members:** Mutation-specific detection of a clinically actionable pathogenic variant previously identified in a biological relative.
- iii. **Prenatal genetic testing** using mutation-specific detection of a clinically actionable pathogenic variant(s) previously identified in a relative.
- iv. **Prenatal genetic testing** for NMD using gene panels: for a suspected NMD in the prenatal period with no previous genetic testing performed in the family, after appropriate counselling.

### 6. (a) Is this a request for MBS funding?

- Yes  
 No

### (b) If yes, is the medical service(s) proposed to be covered under an existing MBS item number(s) or is a new MBS item(s) being sought altogether?

- Amendment to existing MBS item(s)  
 New MBS item(s)

### (c) If an amendment to an existing item(s) is being sought, please list the relevant MBS item number(s) that are to be amended to include the proposed medical service:

N/A

### (d) If an amendment to an existing item(s) is being sought, what is the nature of the amendment(s)?

- i.  An amendment to the way the service is clinically delivered under the existing item(s)
- ii.  An amendment to the patient population under the existing item(s)
- iii.  An amendment to the schedule fee of the existing item(s)
- iv.  An amendment to the time and complexity of an existing item(s)
- v.  Access to an existing item(s) by a different health practitioner group

- vi.  Minor amendments to the item descriptor that does not affect how the service is delivered
- vii.  An amendment to an existing specific single consultation item
- viii.  An amendment to an existing global consultation item(s)
- ix.  Other (please describe below):

**(e) If a new item(s) is being requested, what is the nature of the change to the MBS being sought?**

- i.  A new item which also seeks to allow access to the MBS for a specific health practitioner group
- ii.  A new item that is proposing a way of clinically delivering a service that is new to the MBS (in terms of new technology and / or population)
- iii.  A new item for a specific single consultation item
- iv.  A new item for a global consultation item(s)

**(f) Is the proposed service seeking public funding other than the MBS?**

- Yes
- No

**(g) If yes, please advise:**

N/A

**7. What is the type of service:**

- Therapeutic medical service
- Investigative medical service
- Single consultation medical service
- Global consultation medical service
- Allied health service
- Co-dependent technology
- Hybrid health technology

**8. For investigative services, advise the specific purpose of performing the service (which could be one or more of the following):**

- i.  To be used as a screening tool in asymptomatic populations
- ii.  Assists in establishing a diagnosis in symptomatic patients
- iii.  Provides information about prognosis
- iv.  Identifies a patient as suitable for therapy by predicting a variation in the effect of the therapy
- v.  Monitors a patient over time to assess treatment response and guide subsequent treatment decisions
- vi.  A service that tests for heritable mutations in clinically affected individuals to make a genetic diagnosis and thus estimate their variation in (predisposition for) future risk of further disease and, when also appropriate, cascade testing of family members of those individuals who test positive for one or more relevant mutations, to make a genetic diagnosis and thus estimate each family member's variation in (predisposition for) future risk of developing the clinical disease

**9. Does your service rely on another medical product to achieve or to enhance its intended effect?**

- Pharmaceutical / Biological
- Prosthesis or device
- No

**10. (a) If the proposed service has a pharmaceutical component to it, is it already covered under an existing Pharmaceutical Benefits Scheme (PBS) listing?**

- Yes
- No

**(b) If yes, please list the relevant PBS item code(s):**

N/A

**(c) If no, is an application (submission) in the process of being considered by the Pharmaceutical Benefits Advisory Committee (PBAC)?**

- Yes (please provide PBAC submission item number below)  
 No

N/A

**(d) If you are seeking both MBS and PBS listing, what is the trade name and generic name of the pharmaceutical?**

Trade name:

Generic name:

**11. (a) If the proposed service is dependent on the use of a prosthesis, is it already included on the Protheses List?**

- Yes  
 No

N/A

**(b) If yes, please provide the following information (where relevant):**

Billing code(s):

Trade name of prostheses:

Clinical name of prostheses:

Other device components delivered as part of the service:

**(c) If no, is an application in the process of being considered by a Clinical Advisory Group or the Protheses List Advisory Committee (PLAC)?**

- Yes  
 No

**(d) Are there any other sponsor(s) and / or manufacturer(s) that have a similar prosthesis or device component in the Australian market place which this application is relevant to?**

- Yes  
 No

**(e) If yes, please provide the name(s) of the sponsor(s) and / or manufacturer(s):**

N/A

**12. Please identify any single and / or multi-use consumables delivered as part of the service?**

Single use consumables: General single use laboratory consumables such as pipette tips, centrifuge tubes etc

Multi-use consumables: Nil

## PART 3 – INFORMATION ABOUT REGULATORY REQUIREMENTS

The National Association of Testing Authorities (NATA) and the Royal College of Pathologists Australasia (RCPA) oversee the regulation of massively parallel sequencing for clinical purposes. Laboratories require accreditation by a joint NATA/RCPA process to ISO 15189, and specifically accredited to provide genetic testing via massively parallel sequencing. This accreditation process covers the technical aspects of the laboratory sequencing, analysis pipelines, curation (or interpretation) of results and production of the report to a clinical standard. This allows any accredited laboratory to provide equivalent variant analysis services to a minimum standard. There are no requirements for use of specific manufacturer's reagents, equipment or analysis pipelines.

**Note:** A non-commercial IVD is required to be regulated but not to be listed on the ARTG: testing using an IVD would be delivered only by Approved Practising Pathologists in NATA Accredited Pathology Laboratories (as defined in MBS Pathology table) by referral only by registered Medical Practitioners (non-pathologists) in line with other tests in the MBS Pathology Table.

- 13. (a) If the proposed medical service involves the use of a medical device, in-vitro diagnostic test, pharmaceutical product, radioactive tracer or any other type of therapeutic good, please provide the following details:**

Type of therapeutic good: In-vitro diagnostic test

Manufacturer's name: N/A

Sponsor's name: N/A

- (b) Is the medical device classified by the TGA as either a Class III or Active Implantable Medical Device (AIMD) against the TGA regulatory scheme for devices?**

- Class III  
 AIMD  
 N/A

- 14. (a) Is the therapeutic good to be used in the service exempt from the regulatory requirements of the *Therapeutic Goods Act 1989*?**

- Yes (If yes, please provide supporting documentation as an attachment to this application form)  
 No

- (b) If no, has it been listed or registered or included in the Australian Register of Therapeutic Goods (ARTG) by the Therapeutic Goods Administration (TGA)?**

- Yes (if yes, please provide details below)  
 No

ARTG listing, registration or inclusion number:

TGA approved indication(s), if applicable:

TGA approved purpose(s), if applicable:

- 15. If the therapeutic good has not been listed, registered or included in the ARTG, is the therapeutic good in the process of being considered for inclusion by the TGA?**

- Yes (please provide details below)  
 No

Date of submission to TGA:

Estimated date by which TGA approval can be expected:

TGA Application ID:

TGA approved indication(s), if applicable:

TGA approved purpose(s), if applicable:



## PART 4 – SUMMARY OF EVIDENCE

17. Provide an overview of all key journal articles or research published in the public domain related to the proposed service that is for your application (limiting these to the English language only). *Please do not attach full text articles, this is just intended to be a summary.*

	Type of study design*	Title of journal article or research project (including any trial identifier or study lead if relevant)	Short description of research (max 50 words)**	Website link to journal article or research (if available)	Date of publication***
1.	Cost-effectiveness analysis Australia	Cost-effectiveness of massively parallel sequencing for diagnosis of paediatric muscle diseases(Schofield et al 2017)	In 56 undiagnosed patients with childhood-onset muscle disorders, both NMD targeted gene panel and WES had increased diagnostic yields (from 46 to 75% for NMD panel, and 79% for WES), compared to muscle biopsy. The cost per diagnosis was reduced from US\$16,495 to US\$3,706 for the NMD panel and US\$5,646 for WES.	<a href="https://www.nature.com/articles/s41525-017-0006-7.pdf">https://www.nature.com/articles/s41525-017-0006-7.pdf</a>	2017
2.	Cohort Australia	Next generation sequencing in a large cohort of patients presenting with neuromuscular disease before or at birth (Todd et al 2015)	Contemporary multi-gene sequencing (NMD gene panel or WES) was used for 45 patients with fetal akinesia/hypokinesia, arthrogryposis or severe congenital myopathies from 38 unrelated Australian families A conclusive genetic diagnosis was achieved for 18 of the 38 families (47%).	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4650299/pdf/13023_2015_Article_364.pdf">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4650299/pdf/13023_2015_Article_364.pdf</a>	2015
3.	Diagnostic yield USA	A Comprehensive Genomic Approach for Neuromuscular Diseases Gives a High Diagnostic Yield (Ankala et al 2015)	Comparative studies for various genetic testing approaches indicated that NMD comprehensive panel testing has a 3-fold greater diagnostic yield (46%) than single gene testing (15–19%) and some variation may be missed by whole exome sequencing (about 18%). Targeted NMD panel is recommended as a first-tier test due to the highest clinical diagnostic yield for NMD.	<a href="https://onlinelibrary.wiley.com/doi/pdf/10.1002/ana.24303">https://onlinelibrary.wiley.com/doi/pdf/10.1002/ana.24303</a>	2015

	Type of study design*	Title of journal article or research project (including any trial identifier or study lead if relevant)	Short description of research (max 50 words)**	Website link to journal article or research (if available)	Date of publication***
4.	Diagnostic yield Iran	Improved diagnostic yield of neuromuscular disorders applying clinical exome sequencing in patients arising from a consanguineous population (Fattahi et al 2017)	45 patients, mostly offspring of consanguineous marriages were examined using whole exome sequencing. Data analysis was performed to identify the most probable pathogenic rare variants in known NMD genes which led to the identification of causal variants for 33 out of 45 patients (73.3%).	<a href="https://onlinelibrary.wiley.com/doi/pdf/10.1111/cge.12810">https://onlinelibrary.wiley.com/doi/pdf/10.1111/cge.12810</a>	2017
5.	Diagnostic yield USA	Diagnostic utility of exome sequencing in the evaluation of neuromuscular disorders (Haskell et al 2018)	Exome sequencing was performed in 93 patients with adult-onset NMDs. The overall incremental diagnostic yield of exome sequencing in the cohort was 12.9%, likely reflecting the less clear underlying aetiology in the later onset NMD.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5798313/pdf/NG2017006239.pdf">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5798313/pdf/NG2017006239.pdf</a>	2018
6.	Diagnostic yield Japan	Target resequencing of neuromuscular disease-related genes using next-generation sequencing for patients with undiagnosed early-onset neuromuscular disorders (Kitamura et al 2016)	42 Japanese patients referred with symptoms of muscle weakness and hypotonia neonatally and/or during childhood, and neuromuscular disorders. Muscle biopsy was performed in 16 of the 42 patients. For 34 patients, a definitive diagnosis was not yielded by conventional genetic tests. Causative genes were identified in 19/42 (45.2%) patients.	<a href="https://www.nature.com/articles/jhg201679.pdf">https://www.nature.com/articles/jhg201679.pdf</a>	2016
7.	Diagnostic yield Taiwan	Expanding genotype/phenotype of neuromuscular diseases by comprehensive target capture/NGS (Tian et al 2015)	Thirty-five unrelated NMD families (38 patients) with clinical and/or muscle pathologic diagnoses but without identified causative genetic defects were analysed. Deleterious mutations were found in 29 families (83%). Definitive causative mutations were identified in 21 families (60%) and likely diagnoses were established in 8 families (23%).	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4807910/pdf/NG2015000224.pdf">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4807910/pdf/NG2015000224.pdf</a>	2015

	Type of study design*	Title of journal article or research project (including any trial identifier or study lead if relevant)	Short description of research (max 50 words)**	Website link to journal article or research (if available)	Date of publication***
8.	Diagnostic yield Germany	Early-Onset Myopathies: Clinical Findings, Prevalence of Subgroups and Diagnostic Approach in a Single Neuromuscular Referral Center in Germany (Vill et al 2017)	98 patients with clinical symptoms suggestive of NMD underwent genetic testing. The final diagnosis could be found in 63 out of 98 patients (64%) with molecular genetic analysis. In 55% targeted gene sequencing could establish the genetic diagnosis.	<a href="https://content.iospress.com/443/download/journal-of-neuromuscular-diseases/jnd170231?id=journal-of-neuromuscular-diseases%2Fjnd170231">https://content.iospress.com:443/download/journal-of-neuromuscular-diseases/jnd170231?id=journal-of-neuromuscular-diseases%2Fjnd170231</a>	2017
9	Diagnostic yield Korea	Utility of next generation sequencing in genetic diagnosis of early onset neuromuscular disorders (Chae et al 2015)	43 patients presenting with early onset neuromuscular disorders from unknown genetic origin were tested by NGS for 579 nuclear genes associated with myopathy. In 21 of the 43 patients, the definite genetic causes were identified (48.8%).	<a href="https://img.bmj.com/content/jmedgenet/52/3/208.full.pdf">https://img.bmj.com/content/jmedgenet/52/3/208.full.pdf</a>	2015
10	Diagnostic yield	Next-generation sequencing-based molecular diagnosis of neonatal hypotonia in Chinese Population (Wang et al 2016)	In 186 neonates with hypotonia, the authors identified the genetic causes for 117 neonates by traditional detection methods or targeted NGS, achieving a high solving rate of 62.9%.	<a href="https://www.nature.com/articles/srep29088">https://www.nature.com/articles/srep29088</a>	2016

NMD = neuromuscular disease, MPS = massive parallel sequencing, WES = whole exome sequencing

\* Categorise study design, for example meta-analysis, randomised trials, non-randomised trial or observational study, study of diagnostic accuracy, etc.

\*\*Provide high level information including population numbers and whether patients are being recruited or in post-recruitment, including providing the trial registration number to allow for tracking purposes.

\*\*\* If the publication is a follow-up to an initial publication, please advise.

**18. Identify yet to be published research that may have results available in the near future that could be relevant in the consideration of your application by MSAC (limiting these to the English language only). Please do not attach full text articles, this is just intended to be a summary.**

	Type of study design*	Title of research (including any trial identifier if relevant)	Short description of research (max 50 words)**	Website link to research (if available)	Date***
1.	Case series	Genetic Study of Familial and Sporadic ALS/Motor Neuron Disease, Miyoshi Myopathy and Other Neuromuscular Disorders NCT01459302, USA	The purpose of this study is to identify additional genes that may cause or put a person at risk for either ALS, other forms of motor neuron disease, Miyoshi Myopathy and Other NMD in the hopes of improving diagnosis and treatment.	<a href="https://clinicaltrials.gov/ct2/show/NCT01459302?term=genetic+diagnosis&amp;cond=Neuromuscular+Diseases&amp;draw=2&amp;rank=8">https://clinicaltrials.gov/ct2/show/NCT01459302?term=genetic+diagnosis&amp;cond=Neuromuscular+Diseases&amp;draw=2&amp;rank=8</a>	Estimated Study Completion Date October 2018

\* Categorise study design, for example meta-analysis, randomised trials, non-randomised trial or observational study, study of diagnostic accuracy, etc.

\*\*Provide high level information including population numbers and whether patients are being recruited or in post-recruitment.

\*\*\*Date of when results will be made available (to the best of your knowledge).

## PART 5 – CLINICAL ENDORSEMENT AND CONSUMER INFORMATION

- 19. List all appropriate professional bodies / organisations representing the group(s) of health professionals who provide the service (please attach a statement of clinical relevance from each group nominated):**

Royal College of Pathologists of Australasia (RCPA)

Human Genetics Society of Australasia (HGSA)

- 20. List any professional bodies / organisations that may be impacted by this medical service (i.e. those who provide the comparator service):**

It should be noted that the RCPA provides other services used in the diagnostic workup of patients suspected of having a neuromuscular disorder including: histology/immunohistochemistry/Western blot of muscle biopsy samples, testing serum levels of the enzyme, creatine kinase and analysis of the *PMP22* gene for constitutional genetic abnormalities causing peripheral neuropathy.

**Other professional bodies:**

Royal Australasian College of General Practitioners

Royal Australasian College of Physicians - Paediatrics & Child Health Division

Australia and New Zealand Association of Neurologists

- 21. List the relevant consumer organisations relevant to the proposed medical service (please attach a letter of support for each consumer organisation nominated):**

Australasian Neuromuscular Network

Muscular Dystrophy Australia

- 22. List the relevant sponsor(s) and / or manufacturer(s) who produce similar products relevant to the proposed medical service:**

Not applicable

- 23. Nominate two experts who could be approached about the proposed medical service and the current clinical management of the service(s):**

Name of expert 1: **REDACTED**

Name of expert 2: **REDACTED**

Name of expert 3: **REDACTED**

*Please note that the Department may also consult with other referrers, proceduralists and disease specialists to obtain their insight.*

## PART 6 – POPULATION (AND PRIOR TESTS), INTERVENTION, COMPARATOR, OUTCOME (PICO)

### **PART 6a – INFORMATION ABOUT THE PROPOSED POPULATION**

#### **24. Define the medical condition, including providing information on the natural history of the condition and a high-level summary of associated burden of disease in terms of both morbidity and mortality:**

Neuromuscular disorders (NMDs) are a broad range of generally progressive disorders affecting the peripheral nervous system, muscle and neuromuscular junctions that present with a high level of clinical and genetic heterogeneity, and overlapping phenotypes (Fattahi et al 2017). The common aspect of all NMD is abnormal muscle function with associated clinical burden. At the most severe end of the spectrum onset can be in utero leading to foetal akinesia, paralysis or reduced movement in utero (Beecroft et al 2018). Paediatric patients may present with early onset symptoms that include a delay in motor milestones, hypotonia, abnormal gait characteristics, frequent falls, respiratory difficulties, and difficulty ascending stairs or arising from the floor. Late onset or adult patients may present with loss of strength, fatigue, episodic weakness, muscle cramps, falls and difficulties with speech and swallowing (McDonald 2012). Many inherited NMDs are multi-systemic, involving cardiac, respiratory, and other organ systems (Kassardjian et al 2016). The significant life-long morbidities of NMD are frequently severely disabling and associated with premature mortality. The clinical and genetic heterogeneities of NMDs make disease diagnosis complicated and expensive, often involving multiple tests (Ankala et al 2015). While historically treatment options for NMD were poor, new developments offer curative interventions or improvements decreasing morbidity and mortality (Dowling et al 2018). However, novel treatments for NMD are guided by the underlying molecular pathology and establishment of a specific genetic diagnosis.

Neuromuscular disorders can be roughly allocated into four categories: muscle disorders such as Duchenne muscular dystrophy (DMD); motor neuron disorders including spinal muscular atrophies (SMAs); neuropathies such as Charcot-Marie-Tooth disease (CMT); and neuromuscular junction disorders (Arnold & Flanigan 2012) It should be noted that genetic heterogeneity exists not only for NMDs as a group but also within the subgroups. For example, there are over 20 genes implicated in autosomal recessive limb-girdle muscular dystrophy (Efthymiou et al 2016). The common features of types of neuromuscular disorders are summarised in

Table 1. They tend to be mostly genetic in origin, can be inherited as autosomal dominant, autosomal recessive, X-linked or mitochondrial traits, however, *de novo* pathogenic variants are relatively common (up to 30% for DMD (Darras et al 2018)) (Laing 2012). Approximately 761 different NMD disorders exist associated with >500 known genes (Fattahi et al 2017) (see Neuromuscular Disorders Gene Table website [www.musclegentable.fr](http://www.musclegentable.fr)).

Table 1 Common features of hereditary neuromuscular disorders (Arnold & Flanigan 2012)

Neuromuscular disorder	Common features
<b>Myopathies</b>	
Muscular dystrophy	Usually proximal predominant weakness
Distal myopathy	Distal muscle weakness
Congenital myopathy	Early onset with mostly static or slowly progressive weakness
Metabolic myopathy	Slowly progressive or dynamic symptoms of weakness ± exertional rhabdomyolysis and muscle contracture
Mitochondrial myopathies	Weakness ± other systemic features of mitochondrial cytopathy
Muscle channelopathy	Fluctuating symptoms of muscle stiffness (myotonia) or weakness
<b>Motor neuron</b>	
Proximal spinal muscular atrophy	Lower motor neuron dysfunction with proximal muscle weakness
Familial amyotrophic lateral sclerosis	Mixed lower and upper motor neuron dysfunction
Distal spinal muscular atrophy	Distal muscle weakness
Spinobulbar muscular atrophy	Lower motor neuron dysfunction with proximal limb and bulbar weakness
<b>Neuropathy</b>	
Charcot-Marie-Tooth	Distal sensory loss and muscle weakness
Hereditary sensory & autonomic neuropathy	Sensory loss, variable autonomic dysfunction, usually less prominent weakness
Distal hereditary motor neuropathy	Distal weakness, occasional mild sensory loss
Focal/multifocal neuropathy	Recurrent bouts of focal sensory loss and weakness
Nerve channelopathy	Generalised neuropathy with variable features of sensory loss or pain
<b>Neuromuscular junction disorder</b>	
Congenital myasthenic syndromes	Fluctuating weakness

It is impossible to describe the clinical characteristics of all neuromuscular disorders within the confines of this application. The disease burden and epidemiology are presented below in accordance with the major NMD categories.

**i. Muscle disorders (myopathies)**

Possibly the best characterised myopathies are the muscular dystrophies Duchenne muscular dystrophy (DMD) and Becker muscular dystrophy (BMD). DMD and BMD are X-linked recessive disorders, and therefore occur mostly in males. They are caused by mutations in the *DMD* gene (Flanigan 2014), which encodes dystrophin, a protein primarily located in skeletal and cardiac muscles (NIH 2017). The incidence of DMD is approximately 1:5,000 live births (Ryder et al 2017). DMD presents with delayed motor milestones in early childhood, with a rapid progressive deterioration of muscle tissue and resultant weakness occurring before the teen years. Cardiomyopathy affects almost all DMD patients and is a

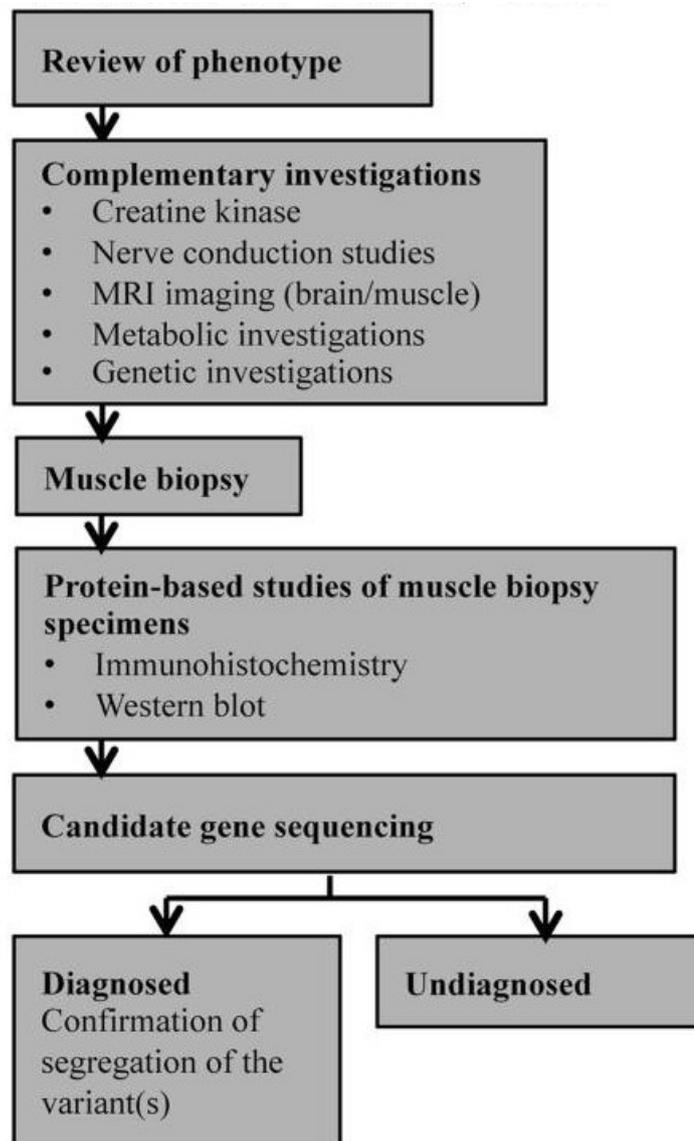




cases, cardiological assessments. Adult patients would similarly be referred by their general practitioner to a neurologist.

**26. Define and summarise the current clinical management pathway *before* patients would be eligible for the proposed medical service (supplement this summary with an easy to follow flowchart [as an attachment to the Application Form] depicting the current clinical management pathway up to this point):**

The diagnosis of neuromuscular disorders traditionally involves taking a detailed patient and family history, conducting a clinical and neurophysiological assessment, followed by a pathological evaluation of muscle and/or nerve biopsy and sequential testing of individual genes (Figure 1Error! Reference source not found.) (Teoh et al 2016).



*Figure 1 Conventional diagnostic algorithm based on muscle biopsy and protein-based studies of muscle biopsy specimens, followed by candidate gene sequencing (Schofield et al 2017)  
Note: complementary investigations would be ordered based on the presenting phenotype of the patient. Not all complementary investigations would be conducted on all patients.*



genetic studies. Patients with an initial clinical diagnosis of SMA based on history and clinical examination, would undergo first a single gene test for the common *SMN1* deletion, bypassing other investigations including muscle or nerve biopsy (Menezes & North 2012). If found to be negative, these patients would then undergo further genetic testing using an NMD panel to diagnose other SMAs.

*Table 2 Essential and recommended investigative tests that would be conducted in the absence of genetic testing for patients suspected of NMD (Schofield et al 2017)*

Neonatal/early infantile presentation	Early childhood presentation
<b>Essential investigations</b>	
Blood collection x2	Blood collection x2
Creatine kinase	Creatine kinase
Lactate	Lactate
Ammonia	Ammonia
Urine metabolic screen	Urine metabolic screen
DNA extraction and storage	DNA extraction and storage
Chromosomal microarray	Chromosomal microarray
<b>Investigations that may be considered depending on presentation</b>	
Very long chain fatty acids	Thyroid function studies
Thyroid function studies	Myotonic dystrophy (DM1)
Plasma amino acids	<i>SMN1</i> exon copy number (SMA)
Myotonic dystrophy	MRI brain +/- anaesthetic and day stay admission
<i>SMN1</i> exon copy number (SMA)	Muscle MRI scan +/- anaesthetic and day stay admission
Prader Willi syndrome	Dystrophin MLPA
Acetylcholine receptor antibodies	Ophthalmology review
Antibody screen for congenital infection	Connective tissue dysplasia clinic review
Lumbar puncture with lactate, amino acids and neurotransmitters	
Head ultrasound scan	
MRI brain +/- anaesthetic and day stay admission	
Ophthalmology review	

MLPA = multiplex ligation dependent probe amplification

### **PART 6b – INFORMATION ABOUT THE INTERVENTION**

#### **27. Describe the key components and clinical steps involved in delivering the proposed medical service:**

There are four parts to the proposed medical service:

- 1) Gene panel testing to identify pathogenic variants for genetic neuromuscular disorders in patients where clinical criteria or a family history indicate that genetic testing is warranted.
- 2) Cascade testing of family members: using mutation-specific detection of a clinically actionable pathogenic variant previously identified in a biological relative.

3) Prenatal genetic testing using mutation-specific detection of a clinically actionable pathogenic variant(s) previously identified in a relative.

4) Prenatal genetic testing for NMD using gene panels: for a suspected NMD in the prenatal period with no previous genetic testing performed in the family, after appropriate counselling

For postnatal diagnostic or cascade testing, the patient would be required to provide a sample containing nucleated cells for DNA extraction (for example, peripheral blood, saliva, buccal swab, etc.). Testing in the prenatal period either due to a known familial cause of NMD or to a clinically suspected NMD with no prior family history requires an amniotic fluid (20ml) or chorionic villi (20mg)<sup>a</sup> sample be obtained.

### **1) Gene panel testing to identify pathogenic variants for genetic neuromuscular disorders in patients where clinical criteria or a family history indicate that genetic testing is warranted.**

The proposed intervention is targeted gene panel analysis of multiple known neuromuscular disease genes using NGS to identify pathogenic variants for genetic neuromuscular disorders in patients where clinical criteria or a family history indicate that genetic testing is warranted.

Over 500 disease genes are currently known for neuromuscular disorders (see Gene Table of Neuromuscular Disorders website [www.musclegenetable.fr](http://www.musclegenetable.fr)) and this number is increasing each year as new disease genes are being identified. Known disease genes are being associated with an increased spread of clinical phenotypes (diseases), especially through the use of diagnostic panels or diagnostic exome sequencing (Beecroft et al 2017; Cabrera-Serrano et al 2015). In addition, genes previously associated with only relatively mild dominant disease have been shown to be associated with severe disease through either recessive mutations (Zaharieva et al 2016) or a double dose of a previously presumed exclusive dominant mutation (Kariminejad et al 2017).

As NMDs can be difficult to categorise, a broad panel of genes is considered a better option in order to capture as many causative pathogenic variants as possible. Reducing the number of known disease genes on each panel would reduce the diagnostic yield (Laing 2012).

The proposal is to use two separate panels: a “myopathy” panel for myogenic disorders and a “neuropathy” panel which covers central and peripheral nervous system disorders. Based on clinical criteria, patients will be triaged to undergo testing with *either* the myopathy or neuropathy panel, usually not both; however in some circumstances patients may require testing with both panels.

To maximise the rate of diagnosis, all known myopathy or neuropathy associated genes with mutations detectable by NGS should be included on the panels. The lists of genes included on the current PathWest Laboratory Medicine Neurogenetic Unit myopathy and neuropathy panels are given in [Appendix A](#) (318 genes and 375 genes on the myopathy and neuropathy panels, respectively. See Gene Table of Neuromuscular Disorders: [www.musclegenetable.fr](http://www.musclegenetable.fr)).

The panels need to be iterated at appropriate intervals with the newly identified disease genes.

Note that some genes are included on both the myopathy and neuropathy panels because variants in some genes can cause what appear to be both myopathic or neuropathic phenotypes. For example, pathogenic variants in *MYH7* encoding slow muscle fibre myosin cause myogenic disorders, including Laing distal myopathy. However, Laing distal myopathy is almost invariably diagnosed clinically as a peripheral neuropathy since that is what it closely resembles and peripheral neuropathy is much more common than distal myopathy (Lamont et al 2014). Another example is variants in *DYNC1H1* which most often cause central or peripheral nervous system disorders but may also result in muscle pathology which can be diagnosed as a congenital myopathy (Beecroft et al 2017).

In addition, it should be noted that whilst most patients will present and be tested at a young age, testing should not be restricted to a paediatric population as many important variants, such as variants in *ACTA1* that encode skeletal muscle alpha actin, may be identified at any stage in development, including adulthood.

Using targeted panels removes some of the issues associated with whole exome analysis, including minimising the risk of incidental findings. In addition, panels are superior to whole exome sequencing or whole genome sequencing for myopathy testing due to the presence of triplicated regions in both *NEB* and *TTN*. In order to

---

<sup>a</sup> See Victorian Clinical Genetics Services <https://www.vcgs.org.au/order/tests/604>

identify the pathogenic variants in these triplicated regions it is advantageous to have a *very high depth of coverage* which is easily achieved using targeted panels (Mark Davis et al unpublished data).

## **Work flow**

The proposed workflow for the diagnosis of suspected genetic NMD patients is summarised in Figure 2.

Following referral by a general practitioner to a paediatrician or neurologist, the patient would undergo standard clinical examination to determine if they were candidates for having a genetic NMD.

Any patient suspected of having a genetic NMD would follow one of two pathways:

i) As described in Question 24, the mutations that cause some NMDs, such as facioscapulohumeral muscular dystrophy type 1 (*FSHD1*), myotonic dystrophy type 1 (*DM1*), spinal muscular atrophy type 1 (*SMN1*), are not currently detectable using NGS. Therefore, if there is a strong suspicion on clinical grounds that the patient has one of the disorders not detected by NGS, they should undergo analysis for those single disorders. It should be noted that these individual gene/mutation tests are currently funded either by the patient or by some State health department genetic services as there is no public funding in the form of MBS item numbers for these tests.

If the single disease gene testing is negative, then the patient would undergo analysis using either the myopathic or the neuropathic gene panel, depending on clinical phenotype.

ii) Patients with a suspected NMD other than those that require a separate single gene/mutation test would go straight to testing using either the myopathy or neuropathy gene panel, depending on the clinical phenotype.

### **2) Cascade genetic testing of family members: for a clinically actionable pathogenic variant(s) previously identified in a biological relative.**

Family members of a patient with an NMD where genetic testing has identified the causative variant(s) should receive genetic counselling to establish who is at risk of having the family causative variant(s).

Variant-specific genetic testing, using Sanger sequencing or other technologies such as MLPA, should then be performed for relatives identified as being at risk of having the causative variant(s) identified in the index case.

Testing of parents may be used to establish appropriate segregation of recessive variants identified in the index case, to test whether a pathogenic variant has arisen *de novo* in the index case, or whether a parent is a somatic mosaic for the pathogenic variant. Variant-specific testing may also be used to test affected siblings and for affected relatives in the extended family. It could also be used for pre-symptomatic testing for late-onset disorders in apparently unaffected relatives.

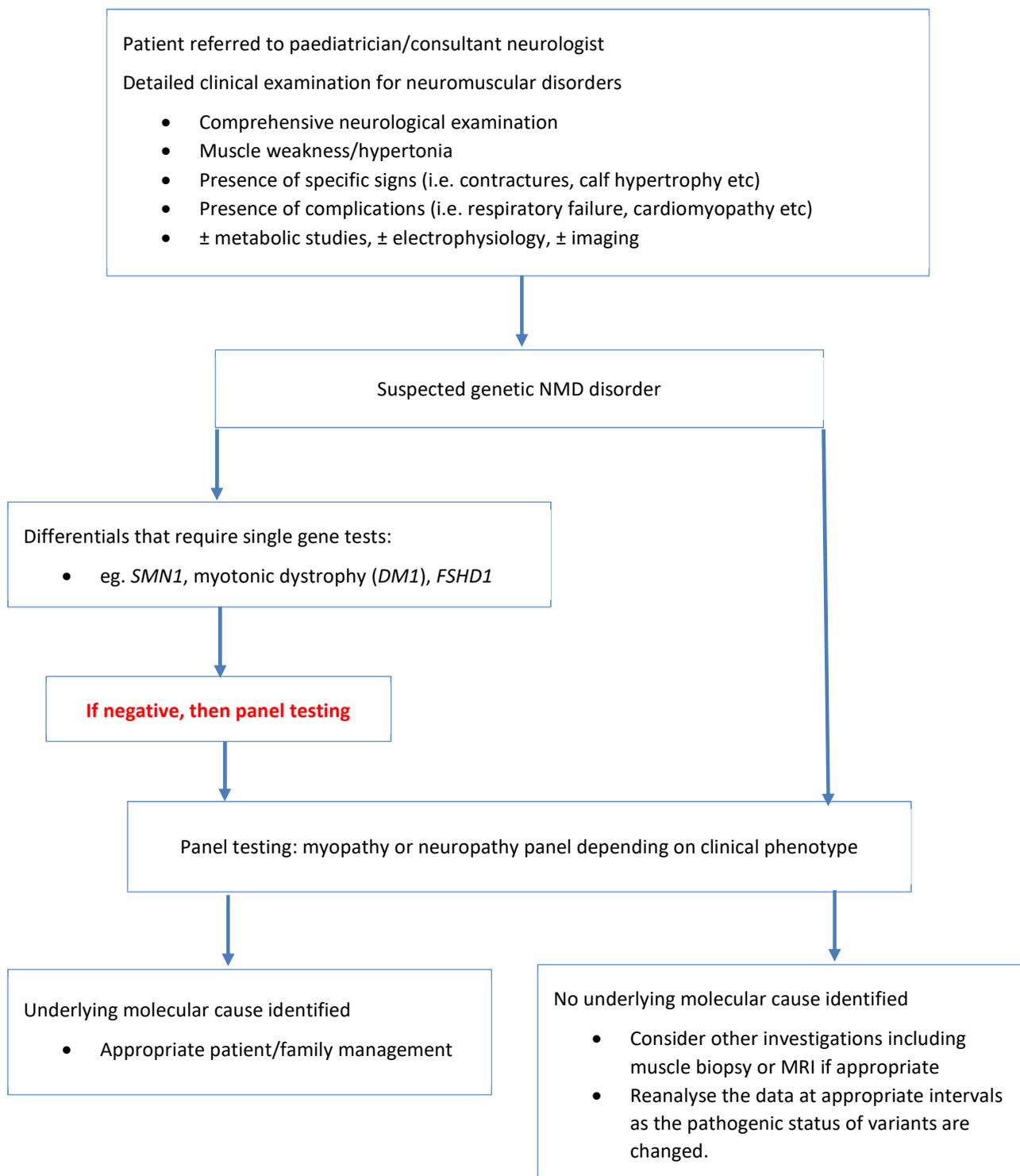
Family members identified as carriers of the family pathogenic variant(s) may then be faced with future reproductive choices to consider, including pre-implantation genetic diagnosis or prenatal genetic testing through chorionic villus or amniotic fluid sampling. For some mutations, carriers may also require clinical assessment and follow-up especially regarding cardiomyopathy.

### **3) Prenatal genetic testing: using mutation-specific detection of a clinically actionable pathogenic variant(s) previously identified in a relative**

Prenatal genetic testing for a clinically actionable pathogenic variant(s) should be offered for any future pregnancies after appropriate counselling. The mutation-specific testing would most often use Sanger sequencing to identify the causative pathogenic variant(s) previously identified in the family proband.

### **4) Prenatal genetic testing for NMD using gene panels: for a suspected NMD in the prenatal period with no previous genetic testing performed in the family, after appropriate counselling.**

Where there is a high degree of suspicion that a woman may be carrying a fetus with a NMD e.g. suspected foetal akinesia detected by prenatal ultrasound, consideration should be given to a prenatal gene panel testing in the context of an index patient (fetus).



**Figure 2** Proposed molecular approach to diagnosis of NMD patients  
*Note: this schematic is a visual aid, depicting the testing pathway; however, it is unlikely that a laboratory would run an individual panel for each disorder e.g. one panel would be used to test for motor neuron, peripheral neuropathies and neuromuscular junction disorders (NMJD)*

**28. Does the proposed medical service include a registered trademark component with characteristics that distinguishes it from other similar health components?**

N/A

**29. If the proposed medical service has a prosthesis or device component to it, does it involve a new approach towards managing a particular sub-group of the population with the specific medical condition?**

N/A

**30. If applicable, are there any limitations on the provision of the proposed medical service delivered to the patient (i.e. accessibility, dosage, quantity, duration or frequency):**

One off diagnostic test, noting that patients who test negative may undergo retesting at a future date if the test is expanded to include new genes.

The sequence data may also be reanalysed as the status of variants may change from variants of uncertain significance (VUS) (Class 3) to likely pathogenic (Class 4) or pathogenic (Class 5) with time (Richards et al 2015). Data reanalysis for variant re-classification is formally requested by a clinician if new clinical evidence becomes available in the disease evolution or if clinical re-assessment is aligned with new literature to suggest potential disease causality of a specific, previously unclassified variant.

Data reanalysis may also be prompted by the laboratory in liaison with the requesting clinician if a new gene has been associated with a relevant particular phenotype or if a new clinical association has been reported for a previously known NMD gene. In recent years, WA Health has reported approximately 5 occasions where a new variant was identified after reanalysis under these circumstances.

**31. If applicable, identify any healthcare resources or other medical services that would need to be delivered at the same time as the proposed medical service:**

Although genetic counselling is a critical component of genomic testing, it is unlikely that counselling would occur prior to, or at the same time as the genetic test due to long waiting lists. The requesting specialist, whether a paediatrician, neurologist or other specialist, may triage the patient to counselling at the same time as requesting the genetic test while explaining the test procedure, benefits and limitations, and potential consequences of test results to the patient/family members. Alternatively, the requesting specialist may triage the patient to counselling after a definitive genetic diagnosis is obtained. Patients may need to be referred to a neurologist for some diagnostic tests, and some may require referral to a cardiologist for diagnosis/treatment of cardiomyopathy.

**32. If applicable, advise which health professionals will primarily deliver the proposed service:**

Depending on age of onset, a specialist paediatrician, neurologist, or in the case of women considering pregnancy and requiring prenatal testing, a maternal-fetal medicine specialist, would normally request the service.

A pathologist or an appropriately qualified medical scientist would perform the service and provide the clinical report, including interpretation of the results.

**33. If applicable, advise whether the proposed medical service could be delegated or referred to another professional for delivery:**

N/A

**34. If applicable, specify any proposed limitations on who might deliver the proposed medical service, or who might provide a referral for it:**

Consideration should be given to restricting those who can provide a referral for this service to a specialised setting: specialist paediatricians, consultant neurologists, clinical geneticists or fetal-maternal specialist.

**35. If applicable, advise what type of training or qualifications would be required to perform the proposed service as well as any accreditation requirements to support service delivery:**



**PART 6c – INFORMATION ABOUT THE COMPARATOR(S)**

- 38. Nominate the appropriate comparator(s) for the proposed medical service, i.e. how is the proposed population currently managed in the absence of the proposed medical service being available in the Australian health care system (including identifying health care resources that are needed to be delivered at the same time as the comparator service):**

The nominated comparator is no genetic testing.

A number of diagnostic tests, such as serum creatine kinase testing, electro-diagnostic studies including electromyography (EMG) and nerve conduction studies or muscle biopsy can be performed as part of the clinical work up of patients suspected of having an NMD. However, these tests cannot deliver a definitive diagnosis. Muscle biopsy may in some cases provide a strong suggestion of which disease is involved: for example, in Duchenne muscular dystrophy if dystrophin levels are sufficiently reduced (McDonald 2012), however, it cannot identify the precise pathogenic variant in the patient. EMG may define the disease in a patient as a congenital myasthenic syndrome but not which genetic subtype. Therefore these diagnostic tests *cannot* be considered true comparators. Only the identification of the precise disease-causing mutation in the patient in the correct gene can accurately determine which NMD a patient has (Laing 2012).

Therefore, the nominated comparator is no genetic testing.

- 39. Does the medical service that has been nominated as the comparator have an existing MBS item number(s)?**

- Yes (please provide all relevant MBS item numbers below)  
 No

**There are MBS item numbers for some of the tests that can be performed to characterise NMDs. There are no MBS item numbers for Sanger sequencing any NMD genes or WEA or WGS for neuromuscular disorders. Muscle biopsy may give an indication of which disease may be involved.**

**Item number 30075:** DIAGNOSTIC BIOPSY OF LYMPH GLAND, MUSCLE OR OTHER DEEP TISSUE OR ORGAN, as an independent procedure, if the biopsy specimen is sent for pathological examination. Fee: \$149.75

**Item number 72846:** Immunohistochemical examination of biopsy material by immunofluorescence, immunoperoxidase or other labelled antibody techniques with multiple antigenic specificities per specimen - 1 to 3 antibodies except those listed in 72848. Fee \$59.60

**Item number 72844:** Enzyme histochemistry of skeletal muscle for investigation of primary degenerative or metabolic muscle diseases or of muscle abnormalities secondary to disease of the central or peripheral nervous system - 1 or more tests. Fee: \$30.75

- 40. Define and summarise the current clinical management pathways that patients may follow *after* they receive the medical service that has been nominated as the comparator (supplement this summary with an easy to follow flowchart [as an attachment to the Application Form] depicting the current clinical management pathway that patients may follow from the point of receiving the comparator onwards including health care resources):**

The comparator is no genetic testing. Therefore, the clinical management pathway follows that as described in Figure 1, the conventional care pathway with potential diagnostic tests as described in Q26.

There are multiple issues with trying to summarise all the clinical management pathways NMD patients may follow. The difficulties arise mainly from the spectra of diseases diagnosed by the myopathy and neuropathy panels. One example of a care pathway for a child diagnosed with DMD is given below. However, due to the heterogeneous nature of NMDs it should be noted that the care pathways for all NMDs involve a multi-disciplinary approach, including counselling and referral to a neuromuscular specialist in addition to paediatricians, physiotherapists, respiratory therapists and cardiologists. The clinical care pathways and which services would be required are different for the different categories of NMDs; however, psychosocial care for patients and family members should occur at all stages of disease progression (Birnkrant et al 2018b; Birnkrant et al 2018c).



All patients presenting with a clinical suspicion of an NMD should be referred on for mutational analysis after initial clinical tests. This would negate the need to perform an invasive and painful skeletal muscle biopsy in all cases for whom a definitive molecular diagnosis is obtained. Only those cases that return a negative genetic testing result should undergo a muscle biopsy.

**42. Define and summarise how current clinical management pathways (from the point of service delivery onwards) are expected to change as a consequence of introducing the proposed medical service including variation in health care resources (Refer to Question 39 as baseline):**

Genetic testing plays a role in the diagnosis, appropriate investigation, and monitoring of NMDs. A definitive diagnosis by mutational analysis will negate the need to perform many other downstream diagnostic tests, including invasive procedures such as muscle or nerve biopsies (and the associated Western blot or immunohistochemistry), which carry a small but recognised morbidity (McDonald 2012). Other expensive testing may also be avoided, including nerve or muscle imaging, and blood and cerebrospinal fluid testing. In determining the index case, additional testing of other family members for other disorders may be avoided. In the absence of gene panel testing, patients may undergo time consuming and expensive sequential Sanger sequencing (so called “diagnosis by sequencing” and not MBS listed) of the most likely candidate genes in relation to the suspected clinical phenotype in a bid to confirm a diagnosis. This, as described above (Q 38) is not feasible for all of the now identified NMD genes.

Panel testing maximises the chance of identifying the causative variant(s) in a patient, with a genetic diagnosis potentially changing the clinical diagnosis (Beecroft et al 2017; Leidenroth et al 2012) and the likelihood that a treatable disease might be identified. By reaching a timelier diagnosis with gene panel testing, appropriate treatment of patients may commence earlier for the NMDs for which effective therapies are available. In addition, by arriving at a definitive molecular diagnosis, appropriate and potentially life-saving surveillance or referrals may be commenced, especially regarding those disorders with a cardiac or respiratory component. For example:

- Patients diagnosed as DMD will commence treatment with steroids immediately, which may prolong the time that they are ambulatory and improve their quality of life.
- New treatments in development for DMD patients include antisense oligonucleotide exon skipping drugs aim to restore the disrupted reading frame allowing the production of truncated but partly functional dystrophin proteins, slowing progression of the disease (Shimo et al 2018).
- Other pharmaceutical options are available for some patients include ion channel therapeutic drugs available to treat patients with myotonias disorder and treatments for congenital myasthenic syndromes that are gene-specific. For example, identifying mutations in DOK7 in patients indicates treatment with Salbutamol should be instigated; however, other myasthenias can be treated with mestinon, which in some patients can stop life-threatening admissions to ICU with chest infections (personal communication WA Health).
- Genomic diagnosis is also useful in Pompe disease, which is difficult to diagnose in adult patients, as it then allows for treatment with intravenous enzyme replacement therapy.
- Titin, encoded by the gene TTN, is the largest human protein, and plays central roles in sarcomeric structures and functions in skeletal and cardiac muscles. Specific mutations in TTN are causally related to specific types of muscular dystrophies and cardiomyopathies. (Misaka et al 2019; Yoshihisa et al 2018) Prior to genomic diagnosis, it was not possible to analyse these mutations because of the size and repetitive nature of the gene. With genomic diagnosis sudden cardiac death due to dilated cardiomyopathy can be prevented (personal communication WA Health).
- Similarly, diagnosis of mutations in LMNA (Lamin A/C), a neuromuscular junction defect allows close monitoring of cardiac rhythm to prevent sudden cardiac death (personal communication WA Health).
- Referral to a cardiologist for investigation and consideration of implantation of a defibrillator or pacemaker in a patient with limb girdle muscular dystrophy.
- Quality of life may also be improved with a definitive diagnosis that may prompt screening for treatable comorbidities such as cataracts or diabetes in a patient with myotonic muscular dystrophy.

- Detecting mutations in the *ABCD1* gene indicates that Addison's disease should be considered, which may be potentially life-saving (personal communication WA Health).
- Identification of an AT mutation in an atypical adult ataxia telangiectasia patient indicates breast cancer screening should be investigated. In one family this led to the detection of early breast cancer in both the 25 year-old patient and her carrier mother. Without a genetic diagnosis, clinical indicators alone would not have led to this diagnosis in a patient with no telangiectasia (personal communication WA Health).

**It should be noted; however, that many of these interventions are variant-specific. Treatment of the wrong variant with the wrong drug will result in a worsening of the disorder.**

There is clinical utility for family members to know about an inherited disorder, because the *specific genetic diagnosis* helps to predict the pattern of inheritance. This information is critical for genetic counselling, specifically informing family planning discussions, as well as discussions around prenatal diagnosis or early diagnosis of asymptomatic family members, as well as providing patient access to specific disease support groups. Without a genetic diagnosis, physicians or genetic counsellors cannot adequately educate patients or predict risks in a manner that helps guide family planning or diagnostic decisions (Kassardjian et al 2016).

**PART 6d – INFORMATION ABOUT THE CLINICAL OUTCOME**

**43. Summarise the clinical claims for the proposed medical service against the appropriate comparator(s), in terms of consequences for health outcomes (comparative benefits and harms):**

Public funding of genetic testing for the diagnosis of NMDs would provide equity of access. Currently some patients are accessing genomic testing for NMDs on a user-pays basis by sending samples overseas to Invitae<sup>b</sup> at a cost of up to US\$1,500. It should be noted that this panel only contains 109 genes, and therefore may leave many patients without a diagnosis. Importantly, this testing is not covered by the same quality assurance processes as Australian NATA accredited laboratories are subject to and there have been poor outcomes with low “hit” rates reported. NMD gene panel testing is currently tested in a Centre of Excellence in Western Australia.

Providing a definitive diagnosis gives certainty to patients and families. The importance of being able to give the family disease a name through accurate molecular diagnosis cannot be overemphasised. The family now knows what disease they have and knowing what disease they have provides closure (Basel & McCarrier 2017). It stops the family being in limbo. It stops them being in the dark as to what their disease is. It provides clarity as to the pattern of inheritance and therefore clarity of prognosis and clarity as to the risk of a couple having further affected children.

Having an accurate molecular diagnosis also restores reproductive confidence. One example of this that we have written about was when the deletions of *SMN1* responsible for spinal muscular atrophy were first identified in 1995 (Lefebvre et al 1995). When the WA laboratory could first perform prenatal diagnosis for the deletions, we were inundated with an avalanche of WA families wanting prenatal diagnosis, families who had put off having any further children until their disease could be tested for (Laing 2012). The advantage of panel testing is that it maximises the chance of identifying the causative variants for a family, including being able to interpret the triplicated regions of the giant genes *NEB* and *TTN*. Panel testing therefore maximises the chances of being able to restore reproductive confidence for NMD families.

Gene panel testing for NMDs markedly reduces the time to diagnosis compared to standard treatment, which was reported recently, based on Australian neuromuscular centre data, as a mean of 7.7 years (range 2 months to 26 years) (Schofield et al 2017).

The main consequences of introducing genetic testing for the diagnosis of NMDs include:

- Early identification and early commencement of treatment of affected probands, resulting in an improved quality of life and an increased survival time;
- Early identification and early commencement of treatment of affected relatives; and
- Carriers would be positively identified and offered surveillance and family planning options for any future pregnancies.

**44. Please advise if the overall clinical claim is for:**

- Superiority  
 Non-inferiority

---

<sup>b</sup> <https://www.invitae.com/en/physician/tests/03280/>

**45. Below, list the key health outcomes (major and minor – prioritising major key health outcomes first) that will need to be specifically measured in assessing the clinical claim of the proposed medical service versus the comparator:**

**Direct evidence:**

*Safety Outcomes:* Adverse events from testing: physical and/or psychological harms from genetic testing

*Clinical Effectiveness Outcomes:* Quality of life, morbidity, increased survival time

*Cost-effectiveness*

**Indirect evidence:**

*Analytical validity:* test failure rate, sensitivity, specificity, concordance, unsatisfactory or uninterpretable results, diagnostic yield

*Clinical validity:* predictive or prognostic value

*Therapeutic efficacy:* time to diagnosis, change in patient management (earlier access to treatment), change in detection and treatment of family members (earlier detection of and management of relatives due to genetic testing, impact on family planning)

*Therapeutic effectiveness:* effect of change in management (e.g. increased time to mortality, improved quality of life).

## PART 7 – INFORMATION ABOUT ESTIMATED UTILISATION

### 46. Estimate the prevalence and/or incidence of the proposed population:

Australian data on the incidence and prevalence of NMDs are lacking.

The cross-sectional analysis by Norwood et al (2009) was conducted in the northern counties of England<sup>c</sup> and may therefore be generalisable to Australia. However, prevalence studies are likely to underestimate those diseases that lead to early death, such as DMD, as prevalence reflects both incidence and duration. Norwood et al included all registered patients with genetic muscle diseases diagnosed and currently seen by the neuromuscular team at the UK's Institute of Human Genetics. Patients with inherited disorders such as mitochondrial and metabolic myopathies, ion channel disorders, congenital myasthenic syndromes and hereditary motor and sensory neuropathies as well as those with acquired neuromuscular disease including inflammatory myopathies, myasthenia gravis and motor neuron diseases were excluded. A total of 1,105 patients were identified for inclusion, representing 31 different disease entities. Diagnostic clarity achieved through careful delineation of clinical features supported by histological, immunological and genetic analysis enabled a definitive diagnosis in 75.7% of patients (Norwood et al 2009).

Despite the exclusion of common groups such as hereditary motor and sensory neuropathy (40/100,000) and mitochondrial disorders (9.2/100,000), the combined prevalence was 37.0/100,000. Following that group were patients diagnosed with the dystrophinopathies making up 22.9% (8.46/100,000) of the clinic population. A point prevalence of 7.29 (95% CI [5.98, 8.79]) and 8.29 (95% CI [6.90, 9.88]) per 100,000 males was reported for BMD and DMD, respectively. Limb girdle muscular dystrophy, comprised 6.2% of the clinic population with a combined prevalence of 2.27/100 000. In addition, patients were diagnosed with 12 other muscle disorders, which ranged from a point prevalence of 0.89/100,000 for the group of congenital muscular dystrophies, to conditions with only two affected individuals in a population of three million. The X-linked form of Emery–Dreifuss muscular dystrophy and Ullrich muscular dystrophy had a prevalence of 0.13/100 000, making both very rare. Bethlem myopathy was relatively more common with a prevalence of 0.77/100 000 (Norwood et al 2009).

#### Incidence

There is a paucity of data on the incidence of NMDs in Australia. In 2015, the Western Australian registry of developmental anomalies reported the incidence of “muscular dystrophies and myopathy” as approximately 0.2/1,000 or 1/5,000 live births,(Bhatt 2016) which is similar to estimates for the incidence of Duchenne muscular dystrophy (1 in 3,500–5,000 male live births) (Matthews et al 2016). Using the number of live births in Australia to estimate the size of the at-risk population would yield an approximate incidence of 62 affected live born individuals each year, based on the 311,104 births registered in 2016. When compared to world-wide incidence data, this estimate is very close to the incidence of DMD, and therefore likely to be an underestimation of the true incidence of NMDs in Australia. In addition, the true incidence is likely to be higher due to the number of (currently) undiagnosed cases.

Two recent systematic reviews have estimated incidence rates for 13 neuromuscular disorders (see Table 3), which, as individual disorders, are rare, but as a group they are not, with an overall incidence rate ranging from 11.95 to 82.8 per 100,000 (Bhatt 2016; Deenen et al 2015). Similarly, this is an underestimation due to the number of NMDs without incidence data.

---

<sup>c</sup> Northumberland, Durham, Cumbria and parts of Yorkshire and Lancashire with an estimated total population of 2.99 million

Table 3

Global incidence rates for 13 neuromuscular disorders (Bhatt 2016; Deenen et al 2015)

Disorder	Incidence range per 100,000
<b>Anterior horn cells</b>	
Type I spinal muscular atrophy	3.53 to 9.8
All spinal muscular atrophy	3.53 to 14.9
Amyotrophic lateral sclerosis	0.42 to 5.3
<b>Peripheral nerve</b>	
Chronic inflammatory demyelinating polyneuropathy	0.35 to 1.6
Guillain-Bare syndrome	0.4 to 3.0
Friedreich Ataxia	2.7 to 6.19
<b>Neuromuscular junction</b>	
Myasthenia Gravis	0.3 to 2.8 (11.8 reported by one study in Japan)
Lambert-Eaton myasthenic syndrome	0.05
<b>Muscular</b>	
Duchene muscular dystrophy	2.0 to 34.7 per 100,000 males
Becker muscular dystrophy	1.06 to 7.2 per 100,000 males
Limb-girdle muscular dystrophy	0.7
Polymyositis	0.27 to 3.80
Dermatomyositis	0.08 to 1.78
Inclusion body myositis	0.09 to 0.79
<b>TOTAL</b>	<b>11.95 to 82.8</b>

**47. Estimate the number of times the proposed medical service(s) would be delivered to a patient per year:**

Once in a lifetime diagnostic test if a definitive diagnosis is obtained.

**48. How many years would the proposed medical service(s) be required for the patient?**

N/A

**49. Estimate the projected number of patients who will utilise the proposed medical service(s) for the first full year:**

Genetic testing for NMDs is currently predominantly conducted in Western Australia for patients from Queensland, NSW, South Australia, Victoria and Western Australia. Although the number of tests conducted in WA is not inclusive of all NMD patients in Australia, it does represent a significant majority. In addition, a number of prevalent, undiagnosed patients may also seek to use the proposed service.

Data from the previous two years (2017 and 2018) of testing patients with a suspected NMD with an NGS panel are summarised below. The number of cascade tests conducted is dependent on the number of index cases found to be positive. In 2017 and 2018, 29% and 23.7% of patients suspected of having an

NMD were found to be positive for a NMD identified by the NGS panel, respectively. These numbers resulted in 1.12 and 1.3, respectively, family members per index case seeking cascade testing.

The expected numbers for the following 3-years were calculated using the slight increase in the number of tests performed from 2017 to 2018 (an increase of 8.4%). The estimated number of cascade tests performed will be based on the number of positive index cases – an average of the number of positives was used to estimate this (26.35%). Similarly, the estimated number of cascade tests used the average number of tests performed per index case (1.21). It is difficult to estimate the number of prenatal diagnoses, however, the numbers are expected to remain low.

It is expected that uptake of testing should remain relatively constant over the next three years.

*Table 4 Number of tests conducted in Western Australia in previous 2 years, and expected number of tests for the next 3 years*

Population to be tested	2017	2018	Expected 2019	Expected 2020	Expected 2021
Index cases	944 276 +ve	1023 242 +ve	1108 293	1200 316	1300 342
Cascade testing	310	330	354	382	413
Prenatal diagnosis	13	19			

**50. Estimate the anticipated uptake of the proposed medical service over the next three years factoring in any constraints in the health system in meeting the needs of the proposed population (such as supply and demand factors) as well as provide commentary on risk of ‘leakage’ to populations not targeted by the service:**

There are four parts to the proposed medical service:

- 1) Gene panel testing to identify pathogenic variants for genetic neuromuscular disorders in patients where clinical criteria or a family history indicate that genetic testing is warranted.
- 2) Cascade testing of family members: using mutation-specific detection of a clinically actionable pathogenic variant previously identified in a first-degree relative.
- 3) Prenatal genetic testing using mutation-specific detection of a clinically actionable pathogenic variant(s) previously identified in a relative.
- 4) Prenatal genetic testing for NMD using gene panels: for a suspected NMD in the prenatal period with no previous genetic testing performed in the family, after appropriate counselling.

There is minimal risk of leakage associated with items 1 and 4; however, items 2 and 3 may result in item numbers for cascade testing and prenatal testing of relatives of any proband with a causal variant or variants identified by any technique, including single gene/mutation detection. The item number should specify that the gene panel must be the testing method that was used to identify the familial variant.

## PART 8 – COST INFORMATION

### 51. Indicate the likely cost of providing the proposed medical service. Where possible, please provide overall cost and breakdown:

Cost of index case testing: \$1,200

Cost of variant-specific cascade testing: \$450

The cost of prenatal testing for a documented familial gene variant, including sampling cost followed by genetic analysis, and maternal cell contamination: \$1,000

The cost of prenatal testing, including sampling cost followed by genetic analysis, and maternal cell contamination: \$ 1,600

Note: The scheduled fees (100%) stated in the item number descriptors below reflect current costs to perform these analyses. If the scheduled fees are set at these prices, then an 85% reimbursement would result in the need for considerable out-of-pocket payments by patients, with the potential for a lack of equity in access for some patients/families.

In addition to the costs outlined above, prenatal genetic testing would utilise either:

- Chorionic villus sampling, usually after 11 weeks into the pregnancy.  
MBS item number 16603: CHORIONIC VILLUS SAMPLING, by any route.  
Fee: \$121.85 Benefit: 75% = \$91.40 85% = \$103.60;
- Amniocentesis, which isn't usually carried out until 15 to 16 weeks of pregnancy  
MBS item number 16606: Fetal blood sampling, using interventional techniques from umbilical cord or fetus, including fetal neuromuscular blockade and amniocentesis, (Anaes.)  
Fee: \$243.25 Benefit: 75% = \$182.45 85% = \$206.80

The cost of pre-implantation genetic diagnosis may also be considered (MSAC application 1165).

### 52. Specify how long the proposed medical service typically takes to perform:

Diagnostic testing would take between 4 - 12 weeks, with carrier testing taking 4 - 6 weeks.

Due to workload commitments, the normal turnaround time for testing is 2-4 months (90% of tests requested would fall into this timeline), however urgent cases can be processed in 1-2 weeks.

Prenatal testing for known familial variant(s) 4 -7 days.

### 53. If public funding is sought through the MBS, please draft a proposed MBS item descriptor to define the population and medical service usage characteristics that would define eligibility for MBS funding.

Item number AAAA	Category 6 (Pathology Services) – Group P7 Genetics
<p>Characterisation of a germline gene variant(s) by a gene panel in a patient presenting with clinical symptoms suggestive of a genetic neuromuscular disorder other than those associated with variants that are not detected by massively parallel sequencing, and after exclusion of non-genetic causes, requested by a specialist or consultant physician.</p> <p><b>Fee:</b> \$ 1,200 <b>Benefit:</b> 75% = 825.00 85% = 935.00</p>	

Item number BBBB

Category 6 (Pathology Services) – Group P7 Genetics

Detection of a single identified gene variant in a biological relative of a patient with a documented pathogenic germline gene variant for a neuromuscular disorder identified by item number AAAA, requested by a specialist or consultant physician who manages the treatment of the patient.

**Fee:** \$ 450.00 **Benefit:** 75% = 337.50 85% = 382.50

Item number CCCC

Category 6 (Pathology Services) – Group P7 Genetics

Prenatal detection of a familial gene variant(s) for a neuromuscular disorder previously identified in an index patient in the family by item number AAAA, including maternal cell contamination assessment, requested by a specialist or consultant physician who manages the treatment of the patient.

**Fee:** \$ 1,000.00 **Benefit:** 75% = \$750.00 85% = \$ 850.00

Item number DDDD

Category 6 (Pathology Services) – Group P7 Genetics

Prenatal detection of an unknown germline gene variant(s) for a suspected genetic neuromuscular disorder using a gene panel, after exclusion of non-genetic causes, and including maternal cell contamination assessment, requested by a specialist or consultant physician who manages the treatment of the patient.

**Fee:** \$ 1,600.00 **Benefit:** 75% = \$750.00 85% = \$ 850.00

## Appendix A: Muscular panel

AARS2	AMPD1	C8orf22	CHRND	COL6A3	DPAGT1	FHL1	GYG1	ISPD	LDB3	MPZ	MYL12A	NUP88	PIEZO2	PRELP
ABHD5	ANKRD1	CA3	CHRNE	COLQ	DPM1	FHL3	GYS1	ITGA7	LDHA	MRPL3	MYL2	OBSCN	PIGY	PREPL
ACAD9	ANKRD2	CACNA1S	CHRNA1	COX14	DPM2	FKBP14	HACD1	ITGA9	LIMS2	MSTN	MYL3	OPA1	PIP5K1C	PRX
ACADVL	ANO5	CAPN3	CHST14	COX6A2	DPM3	FKRP	HADHA	KBTBD13	LMNA	MTM1	MYL4	ORAI1	PLEC	PTRF
ACTA1	APOD	CASQ1	CKM	COX6B1	DYSF	FKTN	HADHB	KCNA1	LMOD2	MTMR14	MYLPP	P4HA1	PLOD1	PYGM
ACTC1	ASCC1	CAV3	CKMT2	CPT2	ECEL1	FLNA	HBB	KCNJ2	LMOD3	MUSK	MYO18B	PABPN1	PMP22	PYROXD1
ACTN2	ATP1A2	CCDC78	CLCN1	CRYAB	EDN3	FLNC	HIST1H3H	KIF21A	LPIN1	MUSTN1	MYOD1	PBLD	PNPLA2	RAPSN
ADCY6	ATP2A1	CD99	CLDN11	CYC1	EGR2	GAA	HNRNPA1	KLHL31	LRP4	MYBPC1	MYOT	PDE4DIP	POGLUT1	RBCK1
ADGRG6	ATP5A1	CEP89	CMYA5	DAG1	EMD	GAPDH	HNRNPA2B1	KLHL40	LYZ	MYBPC3	MYOZ1	PDK4	POLG	RMND1
ADSSL1	B3GALNT2	CFL2	CNTN1	DCST2	ENO3	GBE1	HNRNPDL	KLHL41	MAGEL2	MYF6	NALCN	PDLIM3	POLG2	RRM2B
AGK	B3GALT6	CHAT	CNTNAP1	DES	ERBB3	GFPT1	HRAS	KLHL9	MB	MYH13	NDUFAF1	PFKM	POMGNT1	RYR1
AGL	B4GAT1	CHCHD10	COL12A1	DLK1	ETFDH	GGPS1	HSPB6	KY	MEG3	MYH14	NDUFAF2	PGAM2	POMGNT2	SCN4A
AGRN	BAG3	CHD7	COL13A1	DMD	FARS2	GLE1	HSPB7	L1CAM	MEGF10	MYH2	NEB	PGK1	POMK	SDHA
AIFM1	BIN1	CHKA	COL1A1	DNA2	FBN2	GMPPB	HSPB8	LAMA2	MGME1	MYH3	NEFL	PGM1	POMT1	SEPN1
ALDOA	BVES	CHKB	COL3A1	DNAJB6	FBXL4	GNE	HSPG2	LAMB2	MICU1	MYH7	NFU1	PHKA1	POMT2	SGCA
ALG14	C10orf2	CHRNA1	COL6A1	DNM2	FDX1L	GOLGA2	IGF2	LAMP2	MMP1	MYH8	NNAT	PHKB	POSTN	SGCB
ALG2	C12orf65	CHRN1	COL6A2	DOK7	FGF7	GREM1	ISCU	LARGE	MMP28	MYL1	NRAP	PHOX2A	PPP1R27	SGCD

<i>SGCG</i>	<i>SLC25A4</i>	<i>SMCHD1</i>	<i>SRPK3</i>	<i>SURF1</i>	<i>TANGO2</i>	<i>TIA1</i>	<i>TNNC2</i>	<i>TNNT3</i>	<i>TPM2</i>	<i>TRIP4</i>	<i>UNC80</i>	<i>XIRP2</i>
<i>SLC18A3</i>	<i>SLC25A42</i>	<i>SNAP25</i>	<i>STAC3</i>	<i>SYNE1</i>	<i>TAZ</i>	<i>TK2</i>	<i>TNNI1</i>	<i>TNPO3</i>	<i>TPM3</i>	<i>TRPV4</i>	<i>UQCRC2</i>	<i>ZBTB42</i>
<i>SLC19A3</i>	<i>SLC25A6</i>	<i>SOX10</i>	<i>STIM1</i>	<i>SYNE2</i>	<i>TBCK</i>	<i>TMEM43</i>	<i>TNNI2</i>	<i>TNXB</i>	<i>TRAPPC11</i>	<i>TTN</i>	<i>VCP</i>	<i>ZC4H2</i>
<i>SLC22A5</i>	<i>SLC28A2</i>	<i>SPEG</i>	<i>STMN2</i>	<i>SYNPO2</i>	<i>TCAP</i>	<i>TMEM5</i>	<i>TNNT1</i>	<i>TOR1AIP1</i>	<i>TRIM32</i>	<i>UBA1</i>	<i>VMA21</i>	
<i>SLC25A20</i>	<i>SLN</i>	<i>SQSTM1</i>	<i>SUCLA2</i>	<i>SYT2</i>	<i>TGFB3</i>	<i>TNNC1</i>	<i>TNNT2</i>	<i>TP63</i>	<i>TRIM63</i>	<i>UNC79</i>	<i>XIRP1</i>	

## Neuropathy panel

<i>AARS</i>	<i>ARFGEF2</i>	<i>C19orf12</i>	<i>DCX</i>	<i>EXOSC8</i>	<i>GFAP</i>	<i>IKBKAP</i>	<i>LYST</i>	<i>NTRK1</i>	<i>POLR3B</i>	<i>RTN2</i>	<i>SLC52A2</i>	<i>TBR1</i>	<i>UBA1</i>
<i>ABCB7</i>	<i>ARHGEF10</i>	<i>CACNA1A</i>	<i>DDHD1</i>	<i>FA2H</i>	<i>GJB1</i>	<i>INF2</i>	<i>MAG</i>	<i>OPA1</i>	<i>POMGNT1</i>	<i>RTTN</i>	<i>SLC52A3</i>	<i>TDP1</i>	<i>UBA5</i>
<i>ABCD1</i>	<i>ARL6IP1</i>	<i>CACNA1B</i>	<i>DDHD2</i>	<i>FAM126A</i>	<i>GJB3</i>	<i>ISPD</i>	<i>MARS</i>	<i>OPTN</i>	<i>POMGNT2</i>	<i>RUBCN</i>	<i>SLC5A7</i>	<i>TECPR2</i>	<i>UBQLN2</i>
<i>ABHD12</i>	<i>ARSA</i>	<i>CACNA1G</i>	<i>DENR</i>	<i>FAM134B</i>	<i>GJC2</i>	<i>ITPR1</i>	<i>MARS2</i>	<i>OTUD4</i>	<i>POMK</i>	<i>SACS</i>	<i>SLC6A3</i>	<i>TFG</i>	<i>UNC79</i>
<i>ACTB</i>	<i>ARSI</i>	<i>CACNB4</i>	<i>DHTKD1</i>	<i>FARS2</i>	<i>GNAL</i>	<i>KARS</i>	<i>MATR3</i>	<i>PAFAH1B1</i>	<i>POMT1</i>	<i>SAMHD1</i>	<i>SLC9A1</i>	<i>TH</i>	<i>UNC80</i>
<i>ACTG1</i>	<i>ARX</i>	<i>CCT5</i>	<i>DNAJB2</i>	<i>FAT3</i>	<i>GNB4</i>	<i>KCNA1</i>	<i>MCPH1</i>	<i>PANK2</i>	<i>POMT2</i>	<i>SBF1</i>	<i>SNX14</i>	<i>THAP1</i>	<i>USP8</i>
<i>ADAR</i>	<i>ASAH1</i>	<i>CDK5RAP2</i>	<i>DNAJB5</i>	<i>FAT4</i>	<i>GOSR2</i>	<i>KCNC3</i>	<i>MED25</i>	<i>PARK2</i>	<i>PPP2R2B</i>	<i>SBF2</i>	<i>SOD1</i>	<i>TNFAIP1</i>	<i>VAMP1</i>
<i>ADCK3</i>	<i>ASCC1</i>	<i>CENPJ</i>	<i>DNM2</i>	<i>FBLN5</i>	<i>GRID2</i>	<i>KCND3</i>	<i>MFN2</i>	<i>PAX6</i>	<i>PRDM12</i>	<i>SCN11A</i>	<i>SOX10</i>	<i>TOR1A</i>	<i>VAPB</i>
<i>ADGRG1</i>	<i>ASPA</i>	<i>CEP152</i>	<i>DNMT1</i>	<i>FBXO38</i>	<i>GRM1</i>	<i>KCTD13</i>	<i>MLC1</i>	<i>PBLD</i>	<i>PRKCG</i>	<i>SCN1A</i>	<i>SPAST</i>	<i>TOR1AIP1</i>	<i>VCP</i>
<i>AFG3L2</i>	<i>ASPM</i>	<i>CHCHD10</i>	<i>DRD2</i>	<i>FGD4</i>	<i>HACE1</i>	<i>KIAA0196</i>	<i>MMP28</i>	<i>PCNT</i>	<i>PRKRA</i>	<i>SCN9A</i>	<i>SPG11</i>	<i>TP63</i>	<i>VLDLR</i>
<i>AIFM1</i>	<i>ATCAY</i>	<i>CHMP2B</i>	<i>DRP2</i>	<i>FGF14</i>	<i>HARS</i>	<i>KIF1A</i>	<i>MORC2</i>	<i>PDK3</i>	<i>PRNP</i>	<i>SCYL1</i>	<i>SPG20</i>	<i>TPP1</i>	<i>VPS13A</i>
<i>AIMP1</i>	<i>ATL1</i>	<i>CLCN2</i>	<i>DST</i>	<i>FIG4</i>	<i>HEPACAM</i>	<i>KIF1B</i>	<i>MPZ</i>	<i>PDYN</i>	<i>PRPH</i>	<i>SEPT9</i>	<i>SPG21</i>	<i>TREX1</i>	<i>VPS37A</i>

AARS	ARFGEF2	C19orf12	DCX	EXOSC8	GFAP	IKBKAP	LYST	NTRK1	POLR3B	RTN2	SLC52A2	TBR1	UBA1
AKT1	ATL3	CLPP	DYNC1H1	FKRP	HINT1	KIF1C	MR1	PEX10	PRPS1	SETX	SPG7	TRIM2	VRK1
AKT3	ATM	COASY	EDN3	FKTN	HK1	KIF21A	MRE11A	PFN1	PRRT2	SGCE	SPR	TRIP4	WDR45
ALDH18A1	ATP1A3	COL4A1	EGR2	FLNA	HNRNPA1	KIF2A	MTMR2	PGAP1	PRX	SH3TC2	SPTBN2	TRPV4	WDR48
ALDH3A2	ATP2B3	COL4A2	EIF2B1	FLRT1	HNRNPA2B1	KIF5A	MTPAP	PIK3R5	PSAP	SIGMAR1	SPTLC1	TSEN2	WDR62
ALS2	ATP2B4	COX6A1	EIF2B2	FLVCR1	HNRNPUL1	KIF5C	MYH14	PLA2G6	PTEN	SIL1	SPTLC2	TSEN34	WNK1
AMPD2	ATP6AP2	CPT1C	EIF2B3	FTL	HNRNPUL2	KLC2	MYH7	PLEKHG5	RAB3GAP2	SLC12A6	SPTLC3	TSEN54	WWOX
ANG	ATP7A	CSF1R	EIF2B4	FUS	HOXD10	KLC4	NAGLU	PLOD1	RAB7A	SLC16A2	SQSTM1	TTBK2	YARS
ANO10	ATR	CTDP1	EIF2B5	FXN	HPCA	KTN1	NDE1	PLP1	REEP1	SLC17A5	STUB1	TTPA	YWHAE
ANO3	B3GALNT2	CUL3	ELOVL4	GAD1	HSPB1	L1CAM	NDRG1	PMP2	REEP2	SLC18A3	SYNE1	TTR	ZBTB18
AP4B1	B4GALNT1	CWF19L1	ELOVL5	GALC	HSPB3	LARGE	NEFL	PMP22	RELN	SLC1A3	SYT14	TUBA1A	ZFR
AP4E1	BCAP31	CYP2U1	ENTPD1	GAN	HSPB8	LAS1L	NGF	PMPCA	RNASEH2B	SLC20A2	TAF1	TUBB	ZFYVE26
AP4M1	BEAN1	CYP7B1	EOMES	GARS	HSPD1	LITAF	NIPA1	PNKP	RNASET2	SLC25A46	TARDBP	TUBB2B	ZFYVE27
AP4S1	BICD2	DARS2	ERLIN1	GBA2	IBA57	LMNA	NOP56	PNPLA6	RNF170	SLC2A1	TBCD	TUBB3	
AP5Z1	BSCL2	DCAF8	ERLIN2	GCH1	IFIH1	LMNB1	NOTCH3	POLG	RNF216	SLC33A1	TBK1	TUBB4A	
APTX	C12orf65	DCTN1	EXOSC3	GDAP1	IGHMBP2	LRSAM1	NT5C2	POLR3A	RPIA	SLC52A1	TBP	TUBG1	

## References

- Ankala, A., da Silva, C. et al (2015). 'A comprehensive genomic approach for neuromuscular diseases gives a high diagnostic yield', *Ann Neurol*, 77 (2), 206-214.
- Arnold, W. D. & Flanigan, K. M. (2012). 'A practical approach to molecular diagnostic testing in neuromuscular diseases', *Phys Med Rehabil Clin N Am*, 23 (3), 589-608.
- Arnold, W. D., Kassar, D. & Kissel, J. T. (2015). 'Spinal muscular atrophy: diagnosis and management in a new therapeutic era', *Muscle Nerve*, 51 (2), 157-167.
- Baets, J., De Jonghe, P. & Timmerman, V. (2014). 'Recent advances in Charcot-Marie-Tooth disease', *Curr Opin Neurol*, 27 (5), 532-540.
- Basel, D. & McCarrier, J. (2017). 'Ending a Diagnostic Odyssey: Family Education, Counseling, and Response to Eventual Diagnosis', *Pediatr Clin North Am*, 64 (1), 265-272.
- Beecroft, S. J., Lombard, M. et al (2018). 'Genetics of neuromuscular fetal akinesia in the genomics era', *J Med Genet*, 55 (8), 505-514.
- Beecroft, S. J., McLean, C. A. et al (2017). 'Expanding the phenotypic spectrum associated with mutations of DYNC1H1', *Neuromuscul Disord*, 27 (7), 607-615.
- Beeson, D. (2016). 'Congenital myasthenic syndromes: recent advances', *Curr Opin Neurol*, 29 (5), 565-571.
- Bhatt, J. M. (2016). 'The Epidemiology of Neuromuscular Diseases', *Neurol Clin*, 34 (4), 999-1021.
- Birnkrant, D. J., Bushby, K. et al (2018a). 'Diagnosis and management of Duchenne muscular dystrophy, part 2: respiratory, cardiac, bone health, and orthopaedic management', *Lancet Neurol*, 17 (4), 347-361.
- Birnkrant, D. J., Bushby, K. et al (2018b). 'Diagnosis and management of Duchenne muscular dystrophy, part 1: diagnosis, and neuromuscular, rehabilitation, endocrine, and gastrointestinal and nutritional management', *Lancet Neurol*, 17 (3), 251-267.
- Birnkrant, D. J., Bushby, K. et al (2018c). 'Diagnosis and management of Duchenne muscular dystrophy, part 3: primary care, emergency management, psychosocial care, and transitions of care across the lifespan', *Lancet Neurol*, 17 (5), 445-455.
- Bonne, G. (2014). 'Nuclear envelope proteins in health and diseases', *Semin Cell Dev Biol*, 29, 93-94.
- Cabrera-Serrano, M., Ghaoui, R. et al (2015). 'Expanding the phenotype of GMPPB mutations', *Brain*, 138 (Pt 4), 836-844.
- Chae, J. H., Vasta, V. et al (2015). 'Utility of next generation sequencing in genetic diagnosis of early onset neuromuscular disorders', *J Med Genet*, 52 (3), 208-216.
- Darras, B. T., Urion, D. K. & Ghosh, P. S. (2018). *Dystrophinopathies* [Internet]. University of Washington. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK1119/> [Accessed 2nd July 2018].
- Deenen, J. C., Horlings, C. G. et al (2015). 'The Epidemiology of Neuromuscular Disorders: A Comprehensive Overview of the Literature', *J Neuromuscul Dis*, 2 (1), 73-85.
- Dowling, J. J., H, D. G. et al (2018). 'Treating pediatric neuromuscular disorders: The future is now', *Am J Med Genet A*, 176 (4), 804-841.
- Efthymiou, S., Manole, A. & Houlden, H. (2016). 'Next-generation sequencing in neuromuscular diseases', *Curr Opin Neurol*, 29 (5), 527-536.
- Fattahi, Z., Kalhor, Z. et al (2017). 'Improved diagnostic yield of neuromuscular disorders applying clinical exome sequencing in patients arising from a consanguineous population', *Clin Genet*, 91 (3), 386-402.
- Flanigan, K. M. (2014). 'Duchenne and Becker muscular dystrophies', *Neurol Clin*, 32 (3), 671-688, viii.
- Haskell, G. T., Adams, M. C. et al (2018). 'Diagnostic utility of exome sequencing in the evaluation of neuromuscular disorders', *Neurol Genet*, 4 (1), e212.

- Hewitt, J. E., Lyle, R. et al (1994). 'Analysis of the tandem repeat locus D4Z4 associated with facioscapulohumeral muscular dystrophy', *Hum Mol Genet*, 3 (8), 1287-1295.
- Karimnejad, A., Dahl-Halvarsson, M. et al (2017). 'TOR1A variants cause a severe arthrogryposis with developmental delay, strabismus and tremor', *Brain*, 140 (11), 2851-2859.
- Kassardjian, C. D., Amato, A. A. et al (2016). 'The utility of genetic testing in neuromuscular disease: A consensus statement from the AANEM on the clinical utility of genetic testing in diagnosis of neuromuscular disease', *Muscle Nerve*, 54 (6), 1007-1009.
- Khairoalsindi, O. A. & Abuzinadah, A. R. (2018). 'Maximizing the Survival of Amyotrophic Lateral Sclerosis Patients: Current Perspectives', *Neurol Res Int*, 2018, 6534150.
- Kitamura, Y., Kondo, E. et al (2016). 'Target resequencing of neuromuscular disease-related genes using next-generation sequencing for patients with undiagnosed early-onset neuromuscular disorders', *J Hum Genet*, 61 (11), 931-942.
- Kumara, A., Agarwala, S. & Pradhan, S. (2018). 'Molecular and clinical spectrum of type 1 myotonic dystrophy', *Gene Reports*, 11, 34-41.
- Laing, N. G. (2012). 'Genetics of neuromuscular disorders', *Crit Rev Clin Lab Sci*, 49 (2), 33-48.
- Lamont, P. J., Wallefeld, W. et al (2014). 'Novel mutations widen the phenotypic spectrum of slow skeletal/beta-cardiac myosin (MYH7) distal myopathy', *Hum Mutat*, 35 (7), 868-879.
- Lefebvre, S., Burglen, L. et al (1995). 'Identification and characterization of a spinal muscular atrophy-determining gene', *Cell*, 80 (1), 155-165.
- Leidenroth, A., Sorte, H. S. et al (2012). 'Diagnosis by sequencing: correction of misdiagnosis from FSHD2 to LGMD2A by whole-exome analysis', *Eur J Hum Genet*, 20 (9), 999-1003.
- Lemmers, R. J., Tawil, R. et al (2012). 'Digenic inheritance of an SMCHD1 mutation and an FSHD-permissive D4Z4 allele causes facioscapulohumeral muscular dystrophy type 2', *Nat Genet*, 44 (12), 1370-1374.
- Mah, J. K., Korngut, L. et al (2016). 'A Systematic Review and Meta-analysis on the Epidemiology of the Muscular Dystrophies', *Can J Neurol Sci*, 43 (1), 163-177.
- Matthews, E., Brassington, R. et al (2016). 'Corticosteroids for the treatment of Duchenne muscular dystrophy', *Cochrane Database Syst Rev*, (5), CD003725.
- McDonald, C. M. (2012). 'Clinical approach to the diagnostic evaluation of hereditary and acquired neuromuscular diseases', *Phys Med Rehabil Clin N Am*, 23 (3), 495-563.
- Menezes, M. P. & North, K. N. (2012). 'Inherited neuromuscular disorders: pathway to diagnosis', *J Paediatr Child Health*, 48 (6), 458-465.
- Misaka, T., Yoshihisa, A. & Takeishi, Y. (2019). 'Titin in muscular dystrophy and cardiomyopathy: Urinary titin as a novel marker', *Clin Chim Acta*, 495, 123-128.
- NIH (2017). *DMD gene* [Internet]. U.S. National Library of Medicine. Available from: <https://ghr.nlm.nih.gov/gene/DMD#resources> [Accessed 3rd July 2018].
- Norwood, F. L., Harling, C. et al (2009). 'Prevalence of genetic muscle disease in Northern England: in-depth analysis of a muscle clinic population', *Brain*, 132 (Pt 11), 3175-3186.
- Orphanet (2018). *Juvenile amyotrophic lateral sclerosis* [Internet]. Orphanet. Available from: [https://www.orpha.net/consor/cgi-bin/Disease\\_Search.php?lng=EN&data\\_id=21137&Disease\\_Disease\\_Search\\_diseaseGroup=Juvenile-amyotrophic-lateral-sclerosis&Disease\\_Disease\\_Search\\_diseaseType=Pat&Disease\(s\)/group%20of%20diseases=Juvenile-amyotrophic-lateral-sclerosis&title=Juvenile%20amyotrophic%20lateral%20sclerosis&search=Disease\\_Search\\_Simple](https://www.orpha.net/consor/cgi-bin/Disease_Search.php?lng=EN&data_id=21137&Disease_Disease_Search_diseaseGroup=Juvenile-amyotrophic-lateral-sclerosis&Disease_Disease_Search_diseaseType=Pat&Disease(s)/group%20of%20diseases=Juvenile-amyotrophic-lateral-sclerosis&title=Juvenile%20amyotrophic%20lateral%20sclerosis&search=Disease_Search_Simple) [Accessed 12th December 2018].

- Pearn, J. (1978). 'Incidence, prevalence, and gene frequency studies of chronic childhood spinal muscular atrophy', *J Med Genet*, 15 (6), 409-413.
- Ravenscroft, G., Laing, N. G. & Bonnemann, C. G. (2015). 'Pathophysiological concepts in the congenital myopathies: blurring the boundaries, sharpening the focus', *Brain*, 138 (Pt 2), 246-268.
- Richards, S., Aziz, N. et al (2015). 'Standards and guidelines for the interpretation of sequence variants: a joint consensus recommendation of the American College of Medical Genetics and Genomics and the Association for Molecular Pathology', *Genet Med*, 17 (5), 405-424.
- Ryder, S., Leadley, R. M. et al (2017). 'The burden, epidemiology, costs and treatment for Duchenne muscular dystrophy: an evidence review', *Orphanet J Rare Dis*, 12 (1), 79.
- Saporta, M. A. (2014). 'Charcot-Marie-Tooth disease and other inherited neuropathies', *Continuum (Minneapolis)*, 20 (5 Peripheral Nervous System Disorders), 1208-1225.
- Schofield, D., Alam, K. et al (2017). 'Cost-effectiveness of massively parallel sequencing for diagnosis of paediatric muscle diseases', *NPJ Genom Med*, 2.
- Shimo, T., Maruyama, R. & Yokota, T. (2018). 'Designing Effective Antisense Oligonucleotides for Exon Skipping', *Methods Mol Biol*, 1687, 143-155.
- Teoh, H. L., Sampaio, H. et al (2016). 'Approaches to genetic diagnosis in neuromuscular conditions in the era of next generation sequencing', *J Neurol Neurosurg Psychiatry*, 87 (12), 1384-1385.
- Tian, X., Liang, W. C. et al (2015). 'Expanding genotype/phenotype of neuromuscular diseases by comprehensive target capture/NGS', *Neurol Genet*, 1 (2), e14.
- Todd, E. J., Yau, K. S. et al (2015). 'Next generation sequencing in a large cohort of patients presenting with neuromuscular disease before or at birth', *Orphanet J Rare Dis*, 10, 148.
- Vill, K., Blaschek, A. et al (2017). 'Early-Onset Myopathies: Clinical Findings, Prevalence of Subgroups and Diagnostic Approach in a Single Neuromuscular Referral Center in Germany', *J Neuromuscul Dis*, 4 (4), 315-325.
- Wang, Y., Peng, W. et al (2016). 'Next-generation sequencing-based molecular diagnosis of neonatal hypotonia in Chinese Population', *Sci Rep*, 6, 29088.
- Yoshihisa, A., Kiko, T. et al (2018). 'Urinary N-terminal fragment of titin is a marker to diagnose muscular dystrophy in patients with cardiomyopathy', *Clin Chim Acta*, 484, 226-230.
- Zaharieva, I. T., Thor, M. G. et al (2016). 'Loss-of-function mutations in SCN4A cause severe foetal hypokinesia or 'classical' congenital myopathy', *Brain*, 139 (Pt 3), 674-691.