



Australian Government

Department of Health

RATIFIED PICO

Application 1585:

**Genomic testing for the diagnosis of neuromuscular disorders
(NMDs)**

Background

PASC's First Consideration (December 2019)

PASC requested the revised Draft PICO return to PASC before it can proceed to the Evaluation Sub-Committee (ESC) stage.

PASC recommended that, once the PICO is revised and ratified (after its second consideration by PASC), it is appropriate for the assessment to follow the Clinical Utility Card (CUC) approach, with one or more 'star performers'.

PASC's Second Consideration (April 2020)

This application was reconsidered by PASC for a second time in April 2020. PASC's April 2020 advice is included in *italics*, distinguishing it from the advice provided during its first consideration in December 2019.

Table 1: Global incidence rates for 13 heritable and acquired neuromuscular disorders (Bhatt 2016; Deenen et al 2015)

Disorder	Incidence range per 100,000 per year*
Anterior horn cells	
Type I spinal muscular atrophy	3.53 to 9.8
All spinal muscular atrophy	3.53 to 14.9
Amyotrophic lateral sclerosis	0.42 to 5.3
Peripheral nerve	
Chronic inflammatory demyelinating polyneuropathy	0.35 to 1.6
Guillain-Barré syndrome	0.4 to 3.0
Friedreich Ataxia	2.7 to 6.19
Neuromuscular junction	
Myasthenia Gravis	0.3 to 2.8 (11.8 reported by one study in Japan)
Lambert-Eaton myasthenic syndrome	0.05
Muscular	
Duchenne muscular dystrophy	2.0 to 34.7 per 100,000 males
Becker muscular dystrophy	1.06 to 7.2 per 100,000 males
Limb-girdle muscular dystrophy	0.7
Polymyositis	0.27 to 3.80
Dermatomyositis	0.08 to 1.78
Inclusion body myositis	0.09 to 0.79
TOTAL	11.95 to 82.8

Assumptions from Table 2:

- Based on data provided, 29% and 24% of patients with NMD tested positive for a genetic cause of their NMD in years 2017 and 2018, respectively. The overall proportion of individuals testing positive for a genetic variant was 26% across the two years. This static value has been applied to the modelled estimates (years 2019 to 2021).
- The number of family members tested per index case was 1.12 in 2017, and 1.3 in 2018. To estimate the number of family members' cascade tests for future years (2019 to 2021), the number of NMD cases with an identified genetic cause is multiplied by the ratio of the number of family cascade tests and the number positive test results (1.21) observed in the 2017 and 2018 data.
- The 8.4% increase in total volume of NMD genetic tests observed between 2017 and 2018 has been applied annually for the modelled values (years 2019 to 2021).

Table 2: Estimated number of NMD genetic tests from 2017 to 2021

Parameter	2017	2018	2019*	2020*	2021*
Number of suspected NMD index cases	944	1,023	1,108	1,200	1,300
Number of positive NMD cases	276	242	293	316	342
Number of cascade tests per positive case	1.12	1.30	1.21	1.21	1.21
Total number of family cascade tests	310	330	354	382	413
Number of prenatal diagnosis	13	19	-	-	-

Source: Application Form 1585

Notes: based on 2017-2018 data from the national NMD testing laboratory in WA

*Estimated population based on linear projection of 8.4% (change from 2017-2018)

Table 3 applies each of the assumptions set out Table 2, but does so starting from an estimated population incidence rate for the most commonly occurring NMDs.

- The current application provides a minimum and maximum incidence for thirteen NMDs reported in peer-reviewed studies (see Table 1). The wide range is attributable to differences in NMD diagnostic definitions and heritability, as well as a general paucity of data to inform estimates. The cumulative prevalence estimates provided in Table 1 were used as the basis for assessing likely population demand for testing (see section labelled 'scenario A' in Table 3). The lower incidence estimate was set at 12.0/100,000, while the upper estimate was set at 82.8/100,000, both being the simple additive sum of rates of each individual NMD included in Table 1. It is acknowledged that the list of disorders is not complete, and the incidence rates provided are likely to underestimate the true incidence (due to incomplete case ascertainment).
- In addition to the two incidence rates provided in the application, another set of models has been developed, assuming an incidence rate of 100/100,000. This was indicated to be the likely NMD incidence rate on the Muscular Dystrophy Foundation Australia website¹². It is assumed this estimate attempts to correct/address the two factors discussed above (incomplete list of NMD disorders and incomplete case ascertainment), although no peer reviewed document is cited in connection with the estimate.
- With the range of incidence rates established, assumptions based on data from Table 2 were used to estimate the likely number of tests conducted on suspected NMD index cases in Table 3. Data from Table 2 indicated that for every single confirmed case, approximately 2.8 suspected index cases would be tested. Scenario B in Table 3 provides the estimated number of tests required, assuming the same ratio of suspected test cases to true cases (based on the three incidence estimates¹³).

- Using data in Table 2, the observed increase in the rate of testing (8.4%) annually was applied to the modelled estimates (section 'Scenario C' in Table 3), building on previous scenarios.¹⁴ It should be noted that, for the upper incidence estimate and the alternative incidence estimates in Scenario C, the estimate of number of tests required are similar to the observed and modelled volume of tests currently recorded for the national NMD testing laboratory in WA.
- In order to assess the number of pregnant females with a family history (who may require genetic testing), the carrier frequency was calculated based on NMD incidence rates provided, assuming an autosomal recessive pattern of inheritance¹⁵. An uptake percentage of 5% was then applied, based on a large-scale study which found only 5% of individuals were referred to SMA testing based on their family history¹⁶. Calculating the carrier frequencies for the lower bound, upper bound, and alternative incidence estimates, yielded a carrier to population ratio of 1:38, 1:18, 1:13, respectively. The total number of pregnancies were multiplied by these ratios, and 5% of the product was reported (see results under Scenario D). It should be noted that this would markedly increase the number of individuals who would require testing, more than doubling the number of tests to be conducted for each incidence estimate.
- The applicant importantly stated that, if Table 1 was used to calculate the carrier rate, this figure will also be erroneous and inflated. The applicant advised that only a small number of NMD conditions have an autosomal recessive pattern of inheritance.
- Scenario E builds on scenario D by adding the number of cascade tests required, relative to the number of likely cases testing positive. The estimate of 1.21 cascade tests is applied for every incident case (Scenario A), as provided in the observed testing volume.
- Scenario F addresses the number of individuals who require *de novo* testing. It should be noted that this has already been partially integrated into existing modelling by the inclusion of tests conducted on suspected cases (Scenario B). In an attempt to mitigate double counting of testing requirements, the number of suspected cases added was 30% of incidence estimates outlined in Scenario A. The integration of these assumptions add very few tests to the testing requirements, and the addition is tentative, based on uncertainty surrounding other assumptions preceding scenario F.
- Three aspects not considered in the modelling above were:
 1. the initial need to test existing prevalent cases who may gain access to testing as a result of listing the services on the MBS;
 2. individuals who may require re-testing due to inaccurate/inconclusive results, or individuals who require re-testing due to a previous negative result (who may benefit from testing with an expanded testing battery of genetic variants); and
 3. pregnant females where the fetus has suspected NMD, with no family history (including the family history of the reproductive male partner). These are likely to be included in current estimates, based on the number of initial suspected cases, but the number of individuals tested may increase, based on increased availability of the proposed testing.

- The applicant confirmed that the modelling should include pregnancies. In relation to de novo variants, proposed MBS item DDDD would cover de novo, if presented in utero; however, conditions such as DMD do not present in utero, but may be detected by ultrasound.

Modelling in the application is likely to underestimate potential uptake of genetic testing, as it only accounts for current volume and observed increases (prior to wide-scale accessibility of testing). It is likely that the true uptake of genetic testing will be between the lowest and highest estimates in Table 4, aligned with the middle estimate provided.

PASC's Second Consideration (April 2020)

PASC confirmed the proposed populations.

PASC agreed that the estimated numbers for testing (2,000 ± 500) were uncertain and if possible should be better defined. PASC noted that current MBS items are not specific for NMDs, which makes it difficult to use MBS claiming data to estimate the population numbers.

The applicant noted, that in the absence of refined population data on incidence and prevalence of genetically determined NMD, the estimated numbers for testing are approximate; the data from multi-ethnic populations such as those in New Zealand, Canada, and UK could be used as proxies.

The applicant provided three recent articles related to incidence and/or prevalence of NMD in these countries. The incidence in Canada¹ was quoted as 10.6/100,000 adults when relying on data from ED or hospital admissions. Considering clinician billing, the incidence in Canada was estimated at 182/100,000 adults (including ~50% non-monogenic causes). The applicant noted these numbers do not seem to be far from the assumption of an incidence of ~100/100,000 in the MSAC application. Further, the applicant stated, the collective prevalence of genetically determined NMD in UK² would not also exceed 100/100,000, and the numbers from New Zealand³ are consistent with this trend (but only for genetic muscle disorders).

In summary, the applicant concluded the numbers from these articles supported the existing estimates in the application. The applicant considered the PASC's advice regarding the estimated population numbers may relate to the fact that the number 2000+/- 500 reflects the potential total of all items (AAAA-EEEE), rather than breaking down numbers into their specific categories (index patients, relatives etc.).

¹ Rose L, McKim D, Leasa D, Nonoyama M, Tandon A, Bai YQ, et al. (2019) Trends in incidence, prevalence, and mortality of neuromuscular disease in Ontario, Canada: A population-based retrospective cohort study (2003-2014). PLoS ONE 14(3): e0210574. <https://doi.org/10.1371/journal.pone.0210574>

² Bargiela, D., Yu-Wai-Man, P., Keogh, M., Horvath, R., & Chinnery, P. F. (2015). Prevalence of neurogenetic disorders in the North of England. *Neurology*, 10-1212.

³ Theadom, A., Rodrigues, M., Poke, G., O'Grady, G., Love, D., Hammond-Tooke, G., ... & Te Ao, B. (2019). A Nationwide, population-based prevalence study of genetic muscle disorders. *Neuroepidemiology*, 52(3-4), 128-135.

Table 3: Likely testing requirements based on population incidence

	2017	2018	2019*	2020*	2021*	
Number of births	309,142	323,481	330,239	336,833	343,033	
Number of pregnancies	366,224	368,976	371,728	374,480	377,232	
Incidence Estimates						
Scenario A: <ul style="list-style-type: none"> Base Incidence Rate 	Lower Incidence Estimate (12.0/100,000)	37	39	39	40	41
	Upper Incidence Estimate (82.8/100,000)	256	268	273	279	284
	Alternative Incidence Estimate (100/100,000)	309	323	330	337	343
Scenario B: <ul style="list-style-type: none"> Incidence Number of tests conducted on suspected cases 	Lower Incidence Estimate (12.0/100,000)	140	147	150	153	156
	Upper Incidence Estimate (82.8/100,000)	973	1,018	1,039	1,060	1,079
	Alternative Incidence Estimate (100/100,000)	1,175	1,229	1,255	1,280	1,304
Scenario C: <ul style="list-style-type: none"> Incidence Number of tests conducted on suspected cases proposed annual increase (8.4%) 	Lower Incidence Estimate (12.0/100,000)	152	159	163	166	169
	Upper Incidence Estimate (82.8/100,000)	1,054	1,103	1,126	1,149	1,170
	Alternative Incidence Estimate (100/100,000)	1,273	1,332	1,360	1,387	1,413
Scenario D: <ul style="list-style-type: none"> Incidence Number of tests conducted on suspected cases Proposed annual increase (8.4%) Likely screening requirements based on carrier frequency 	Lower Incidence Estimate (12.0/100,000)	634	645	652	659	665
	Upper Incidence Estimate (82.8/100,000)	2,072	2,128	2,159	2,189	2,218
	Alternative Incidence Estimate (100/100,000)	2,682	2,752	2,790	2,828	2,864
Scenario E <ul style="list-style-type: none"> Incidence Number of tests conducted on suspected cases Proposed annual increase (8.4%) Likely screening requirements based on carrier frequency Cascade Tests 	Lower Incidence Estimate (12.0/100,000)	679	692	699	707	715
	Upper Incidence Estimate (82.8/100,000)	2,381	2,452	2,490	2,527	2,562
	Alternative Incidence Estimate (100/100,000)	3,056	3,143	3,190	3,235	3,279
Scenario F <ul style="list-style-type: none"> Incidence Number of tests conducted on suspected cases Proposed annual increase (8.4%) Likely screening requirements based on carrier frequency Cascade Tests de novo testing 	Lower Incidence Estimate (12.0/100,000)	690	703	711	719	727
	Upper Incidence Estimate (82.8/100,000)	2,458	2,533	2,572	2,610	2,647
	Alternative Incidence Estimate (100/100,000)	3,149	3,240	3,289	3,336	3,382

Sources: Application Form 1585, ABS 3222.0 - Population Projections, Australia, 2017 (base) - 2066

*Estimated population

Table 4: Likely testing volumes across three scenarios

Parameter	2017	2018	2019*	2020*	2021*
Number of suspected NMD index cases +cascade testing-original modelling	944+310= 1,254	1,023+330= 1,353	1,108+354= 1,462	1,200+382= 1,582	1,300+413= 1,713
Screening Requirements (upper incidence estimates, Scenario D)	2,072	2,128	2,159	2,189	2,218
Screening Requirements (upper incidence estimates, Scenario E)	2,381	2,452	2,490	2,527	2,562

Source: Refer to Table 2 and 3

Prior test

No prior tests are required for the proposed genetic test.

INTERVENTION

PASC's First Consideration (December 2019)

PASC noted this application is for a targeted gene panel test (myopathy and/or neuropathy panel), using next generation sequencing (NGS). This will exclude some NMDs (e.g. SMA, CMT). PASC had stated that NGS will also not reliably detect myotonic dystrophy, facioscapulohumeral dystrophy and Duchenne muscular dystrophy (but not because these disorders are due to copy-number variants). PASC advised that, excluding these conditions, will complicate the issue of incidence and prevalence, because remaining conditions will all be rare.

The applicant advised that this was incorrect. The applicant advised that the panel is capable of detecting copy number variants. For example, the PMP22 copy number variants should be detected by the panel. Given DMD variant is comprehensively analysed by the proposed panel, the applicant was unsure why this conclusion was made.

The applicant requested that the PICO document reiterated that disorders that cannot be assessed by the proposed technology are specifically mentioned, as outlined on page 11, paragraph 6 of the original PASC Outcome document (i.e. "Some NMD variants, like spinal muscular atrophy type 1 (SMN1), myotonic dystrophy type 1 (DM1) and facioscapulohumeral muscular dystrophy type 1 (FSHD1), are not detected by NGS.") The applicant advised that the comment following this statement (i.e. "If there is a strong clinical suspicion of these disorders, a patient or fetus will undergo variant-specific testing for the relevant genes, covered by separate MBS items") is incorrect. The applicant confirmed there are no MBS items that cover testing for these disorders, with the exception of PMP22 (MBS item 73294).

In light of the applicant's comments, and subject to PASC's advice, the statements identified by the applicant as incorrect were removed from the PICO document.

The applicant advised that the current technology (involving multiple short reads) may be substituted in the near future by a different approach (i.e. multiple long reads). In addition,

Current and proposed clinical management algorithms

Current clinical management algorithm for identified population

Under the current clinical management pathway, people with suspected NMD, pregnant females with a fetus with signs of NMD and those with a family history of these disorders, are referred for genetic testing by their medical practitioner. If they accept to be tested, the service is currently performed on a user-pay basis.

Figure 1 and Figure 2 present the current clinical management algorithm for NMD genetic testing in the proposed population. A multidisciplinary healthcare team treats the patient as they progress with age. These diseases significantly affect quality of life and are associated with increased healthcare costs.

Figure 1: Current clinical algorithm – variant-specific NMD genetic test

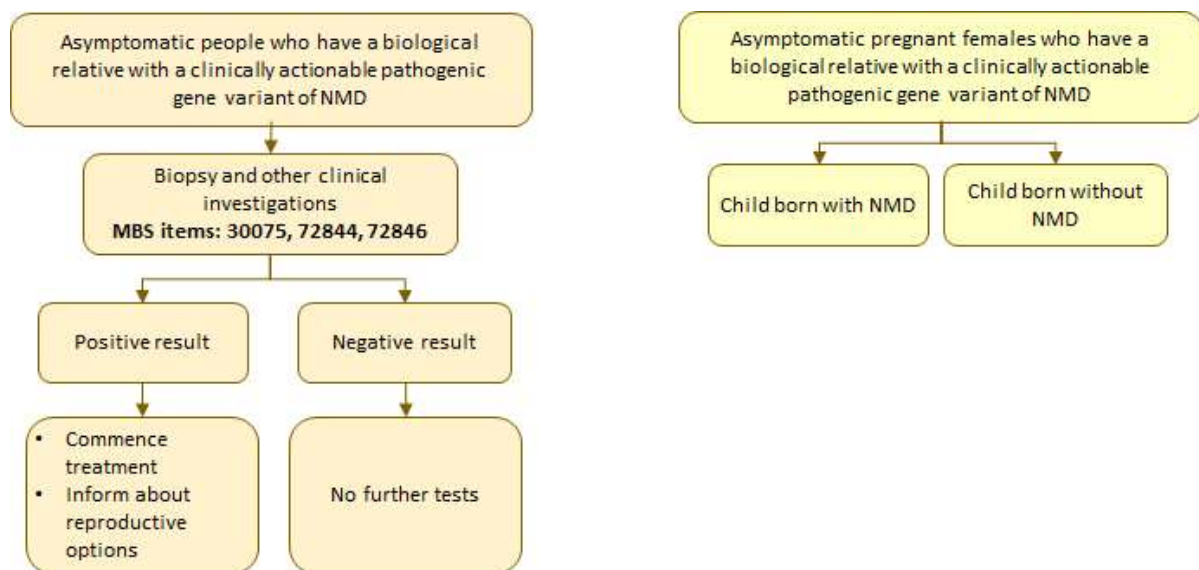
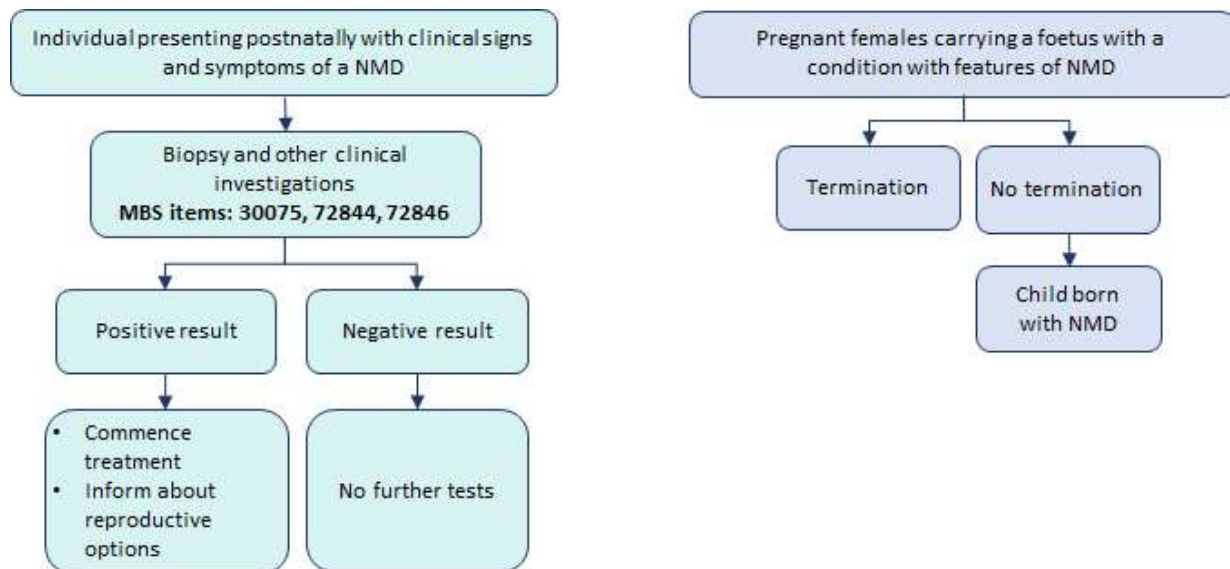


Figure 2: Current clinical algorithm – NMD gene panel test (myopathy and/or neuropathy)



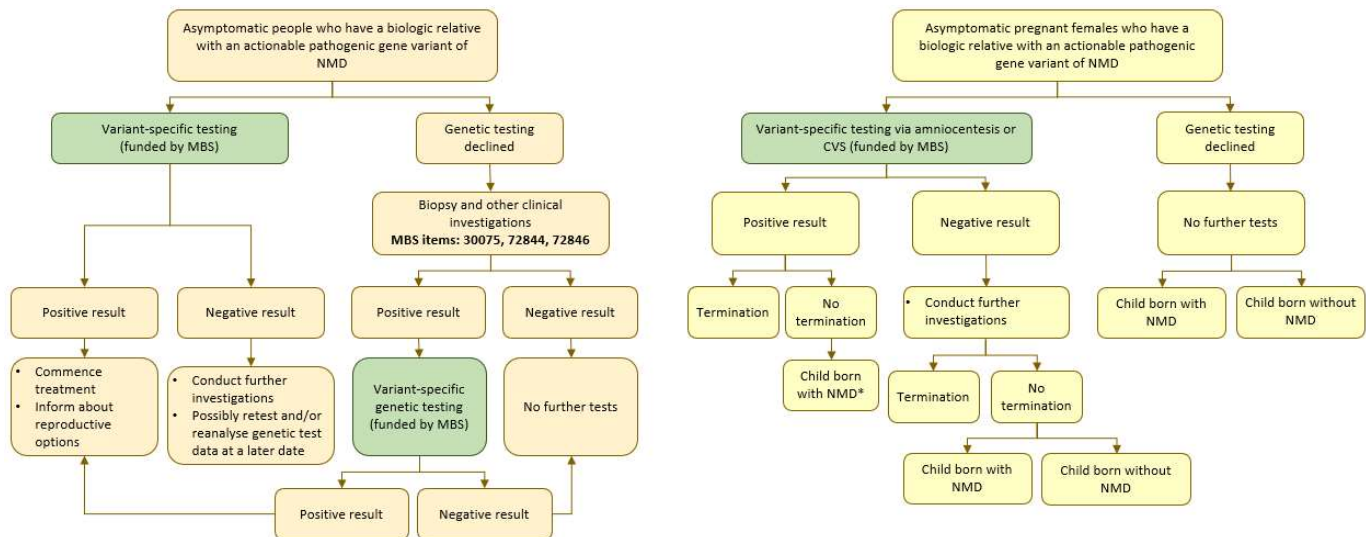
Proposed clinical management algorithm for identified population

Figure 3 and Figure 4 present the proposed clinical management algorithm for NMD genetic testing in the proposed population. The main difference between the current and proposed clinical algorithm is that NMD genetic testing is MBS subsidised (for the proposed clinical management algorithm), rather than on a user-pay basis (current clinical management algorithm). If genetic testing is undertaken (noting some individuals may object to genetic testing), current diagnostic processes funded under the MBS may not be required.

PASC noted the management algorithms were complex and heterogeneous, involving a multi-disciplinary approach (including counselling and referral to a neuromuscular specialist, in addition to paediatricians, respiratory therapists and cardiologists). The applicant would like clarification on whether genetic counselling should be reflected in the proposed algorithms (while noting it is funded outside the MBS in the public sector). This doesn't need to be included as a specific step in the algorithm, but should be noted in the PICO that 'genetic counselling' may be performed by either a genetic counsellor, or by a specialist physician, or both. A change has been made to the text on page 14 which clarifies who can provide the genetic counselling required (genetic counsellor, specialist physician, or both).

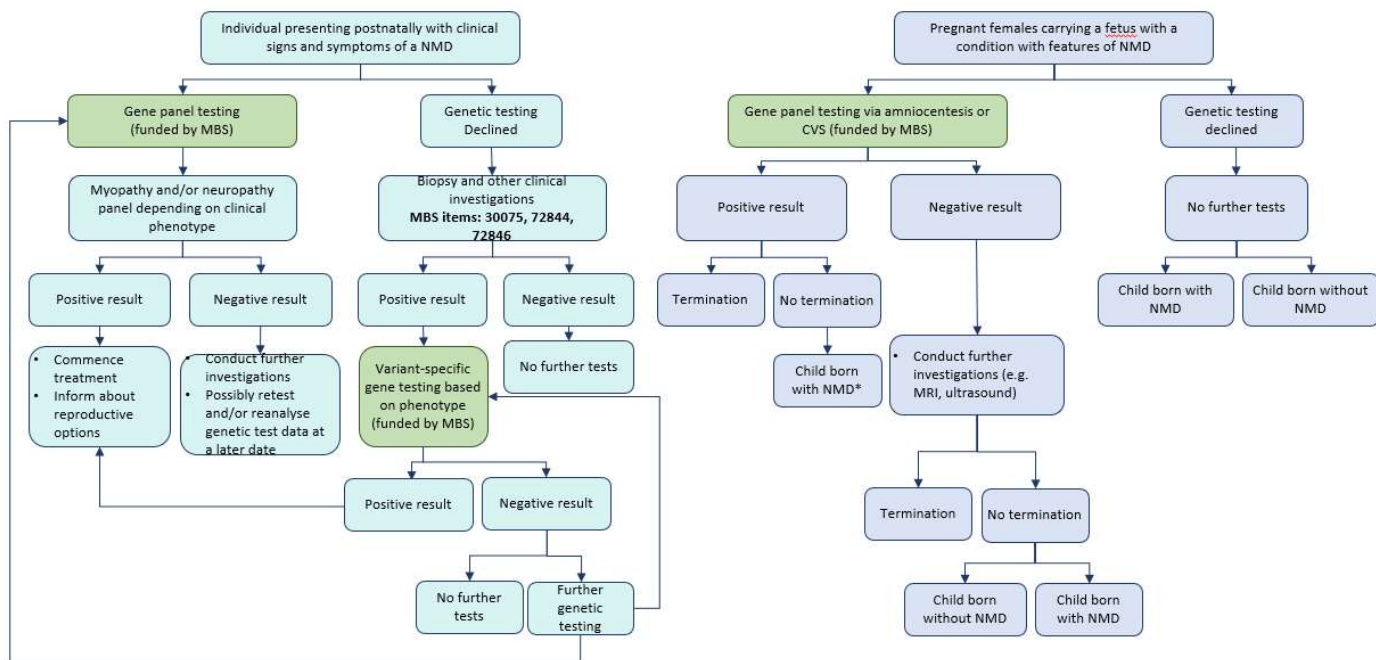
PASC noted an incorrect loopback in the flowchart for an "individual presenting post-natally, with clinical signs and symptoms of an NMD" (Figure 4). This needs to be corrected – i.e. in the "Genetic testing declined" arm of the chart, the arrow from a positive result following variant-specific gene testing should not lead back to myopathy/neuropathy panel testing. The applicant agreed with the suggested changes to the algorithms, noting Figures 2 and 4 contain the same erroneous loop back. The applicant repeated that the correct term is 'variant', not 'mutation'.

Figure 3: Proposed clinical algorithm – Variant-specific NMD genetic test



*Assuming 100% sensitivity and specificity of the Variant-specific test
 Updated based on PASC advice that, 'mutation-specific testing' should be changed to 'variant-specific testing'.

Figure 4: Proposed clinical algorithm – NMD gene panel test (myopathy and/or neuropathy)



*Assuming 100% sensitivity and specificity of the gene panel test
 Updated based on PASC advice that, 'mutation-specific testing' should be changed to 'variant-specific testing'.

Proposed economic evaluation

PASC's First Consideration (December 2019)

PASC questioned whether a cost-consequence analysis may be more appropriate than cost-effectiveness. However, PASC noted that cost-consequence analysis would create problems for ESC and MSAC (in terms of judging value propositions). PASC concluded that a cost-consequence analysis could be supplemented with a cost-utility framework. A sentence surrounding the supplementation of a cost utility framework surrounding the cost consequence analysis has been added.

PASC stressed the importance of identifying the tests that would replace current MBS-funded tests, and tests that would be additional, noting this would affect the economics considerably. The applicant advised that the proposed intervention will replace current MBS-funded tests (30075, 72844 and 72846) in some circumstances. The applicant elaborated that there will be some circumstances where both current MBS-funded tests and the proposed interventions will be used. Current MBS-funded tests may also be required if a person declines genetic testing.

PASC noted that targeted gene panel test testing could shorten the diagnostic pathway and reduce utilisation of other tests. This is a clear cost offset (not cost utility) that is within scope of the evaluation, but for which evidentiary demands are not trivial. A paragraph surrounding the possibility of a shortened diagnostic pathway has been added.

The applicant supplied an article by Schofield et al (2017) - "Cost-effectiveness of massively parallel sequencing for diagnosis of paediatric muscle diseases". The applicant advised that this article should be referenced in the PICO, which it has.

PASC acknowledged that obtaining accurate utilisation data will be key for this application, because Australian incidence and prevalence data for NMDs are lacking. PASC noted that the currently accepted method to sample fetal DNA is by CVS or amniocentesis.

PASC noted leakage may be an issue for cascade and pre-natal testing. The applicant advised that, given proposed MBS item descriptors BBBB and CCCC are conditional on positive findings from AAAA or DDDD, there should be minimal leakage (if items BBBB and CCCC are strictly followed in practice).

PASC advised that costs used in the evaluation will need to be closely analysed, noting that patient out-of-pocket costs may be:

- more than the 15% not reimbursed by Medicare (i.e. based on the 85% MBS rebate for non-admitted [out-of-hospital] patients) OR
- more than the Greatest Permissible Gap (GPG) amount. From 1 November 2019, the GPG is set at \$84.70, which means that all out-of-hospital Medicare services which have an MBS fee of \$565.00 or more will attract a benefit that is greater than 85% of the MBS fee. If, for example, the schedule fee for a service is \$1,000, then the 85% benefit would be \$850 which means that the gap is \$150. In this case, the GPG would apply and the patient would receive a Medicare benefit of \$915.30, not \$850 (i.e. \$1,000 minus the GPG of \$84.70). **Source: MBS Online**

PASC's Second Consideration (April 2020)

PASC confirmed that the analysis should be a cost-effectiveness and/or cost-utility analysis.

PASC agreed with the consultation feedback, that 'In children, nerve and muscle biopsies are done under general anaesthesia. This cost should therefore include that of a hospital day-stay admission and general anaesthetic, and has been under-estimated.' This should be considered in the economic evaluation.

The clinical claim is that genetic testing for NMD, is inferior in terms of safety and superior in terms of clinical effectiveness, compared to no genetic testing for the proposed population.

According to the *Technical Guidelines for preparing assessment reports for the Medical Services Advisory Committee: Investigative*, the required economic analysis is therefore a cost-effectiveness and/or cost-utility analysis. This type of analysis will determine the incremental cost per extra unit of health outcome achieved, expressed in quality-adjusted life years (QALYs) because of a reduction in the number of further diagnostic tests, early treatment and fewer number of babies born with NMD. A cost-consequence analysis could be supplemented with the cost-utility framework.

Targeted gene panel test testing could shorten the diagnostic pathway and reduce utilisation of other tests. This is a clear cost offset (not cost utility) that is within scope of the evaluation, but for which evidentiary demands are not trivial.

For the economic evaluation, QALYs should be calculated for each of the endpoint outcomes. If QALYs cannot be calculated, then the measure of effectiveness can be expressed in life years or other outcomes.

An Australian cost-effective analysis study of 56 patients compared the costs involved with traditional NMD diagnostic tests and an NMD gene panel test. The results revealed that the NMD gene panel was more cost effective. Traditional diagnostic tests on average cost AUD\$10,491 per patient and AUD\$22,596 per successful diagnosis. The NMD gene panel cost \$6,683 less than traditional diagnostic tests, per patient. This reduction in the cost per patient was statistically significant at 5% level of significance²².

Proposed MBS item descriptor/s and MBS fees (if relevant)

PASC's First Consideration (December 2019)

PASC agreed the MBS item descriptors need to be clear about what conditions are being investigated (and how).

PASC agreed that 'requesters' for the test should be specialists, due to the need for genetic counselling. PASC agreed that, if GPs were granted the ability to request the test, it should not be for cascade testing (and only in consultation with a relevant specialist, being a neurologist, paediatrician or clinical geneticist). PASC advised that restrictions on requesting the test need to be clear.

The applicant advised that they agree with PASC that the requester should be a specialist, and that re-wording of proposed item descriptors has been achieved (as presented below).

PASC noted the amendments to MBS item descriptors and fees below, proposed by the Department.

Consultation feedback

PASC's First Consideration (December 2019)

PASC noted the consultation feedback.

PASC noted feedback that stated a specific minimum list of genes should be included in the MBS descriptor (or in advisory notes that accompany the MBS descriptor), to ensure laboratories have equivalent tests. The applicant is expected to provide a minimum list of genes.

PASC agreed with feedback that the item descriptor should be agnostic about the panel, in order to future-proof against outdated panels (as new disease genes are identified).

PASC's Second Consideration (April 2020)

PASC noted the consultation feedback and general support of the application.

PASC noted the feedback that proposed rebates for items BBBB and CCCC 'seem a bit high'.

Next steps

PASC advised that, upon ratification of the post-PASC PICO, the application can proceed to the Evaluation Sub-Committee (ESC) stage of the MSAC process.

PASC noted the applicant has elected to progress its application as a DCAR (Department-contracted assessment report).

PASC advised that the clinical utility card (CUC) format is suitable for this application.

References

- ¹ Analytical validity: the reproducibility and repeatability of the assay, that is, the ability of the test to measure gene expression accurately and reliably.
- ² Clinical validity: measures the test's ability to predict the presence or absence of disease, that is, the sensitivity, specificity, and positive and negative predictive values, in this case
- ³ Fattahi, Z., Kalhor, Z. et al (2017). 'Improved diagnostic yield of neuromuscular disorders applying clinical exome sequencing in patients arising from a consanguineous population', *Clin Genet*, 91 (3), 386-402.
- ⁴ Ankala, A., da Silva, C. et al (2015). 'A comprehensive genomic approach for neuromuscular diseases gives a high diagnostic yield', *Ann Neurol*, 77 (2), 206-214.
- ⁵ Dowling, J. J., H, D. G. et al (2018). 'Treating pediatric neuromuscular disorders: The future is now', *Am J Med Genet A*, 176 (4), 804-841.
- ⁶ Darras, B. T., Orion, D. K. & Ghosh, P. S. (2018). *Dystrophinopathies* [Internet]. University of Washington. Retrieved 19/09/2019, from: <https://www.ncbi.nlm.nih.gov/books/NBK1119/>
- ⁷ Laing, N. G. (2012). 'Genetics of neuromuscular disorders', *Crit Rev Clin Lab Sci*, 49 (2), 33-48.
- ⁸ Fattahi, Z., Kalhor, Z. et al (2017). 'Improved diagnostic yield of neuromuscular disorders applying clinical exome sequencing in patients arising from a consanguineous population', *Clin Genet*, 91 (3), 386-402.
- ⁹ Muscular Dystrophy Foundation Australia. (2016). "What is MD?" Retrieved 19/09/2019, from <https://mdaustralia.org.au/neuromuscular-condition/what-is-md/>.
- ¹⁰ Centers for Disease Control and Prevention. (2009). Prevalence of Duchenne/Becker muscular dystrophy among males aged 5-24 years—four states, 2007. *MMWR Morbidity and Mortality Weekly Report*, 58, 1119-1122. Retrieved 08/10/2019, from <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5840a1.htm>
- ¹¹ Kurtzke JF: Neuroepidemiology. *Ann Neurol* 1984;16:265-277
- ¹² Muscular Dystrophy Foundation Australia. "What is MD?" Retrieved 25/09/2019, from <https://mdaustralia.org.au/neuromuscular-condition/what-is-md/>
- ¹³ It should be noted that for this calculation we have assumed a 100% detection rate; implying no need for re-testing) Published estimates for the detection rates for disorders such as spinal muscular atrophy (SMA) range from 71% to 95%, although it is also acknowledged that other studies have reported much lower rates of identification for causal genetic variants (some estimates have reported that the causative genes were only identified in 45.2% of cases using next gen sequencing). It is therefore likely that some individuals would require re-testing at a later date, either due to incomplete detection or re-testing when the number of genes tested for is expanded to include additional conditions.
- ¹⁴ It was assumed that the increase observed from 2017 to 2018 largely relates to improved detection as well as increases in clinical uptake and referral rather than an increase in incidence rates.
- ¹⁵ The assumption is based on calculations assuming Harvey-Weinberg equilibrium.
- ¹⁶ Sugarman EA, Nagan N, Zhu H, Akmaev VR, Zhou Z, Rohlfes EM, Flynn K, Hendrickson BC, Scholl T, Sirko-Osadsa DA, Allitto BA. Pan-ethnic carrier screening and prenatal diagnosis for spinal muscular atrophy: clinical laboratory analysis of >72,400 specimens. *Eur J Hum Genet*. 2012 Jan;20(1):27-32.
- ¹⁷ Australian Government Department of Health. "MBS Online: Medicare Benefits Schedule." Retrieved 20/09/2019, from <http://www9.health.gov.au/mbs/search.cfm>.
- ¹⁸ The Department of Health and Human Services. (2014). "Neuromuscular Disorders." Retrieved 20/09/2019, from <https://www.betterhealth.vic.gov.au/health/ConditionsAndTreatments/neuromuscular-disorders>.
- ¹⁹ Tian, X., W.-C. Liang, Y. Feng, J. Wang, V. W. Zhang, C.-H. Chou, H.-D. Huang, C. W. Lam, Y.-Y. Hsu, T.-S. Lin, W.-T. Chen, L.-J. Wong and Y.-J. Jong (2015). "Expanding genotype/phenotype of neuromuscular diseases by comprehensive target capture/NGS." *Neurology Genetics* 1(2): e14.
- ²⁰ Analytical validity: the reproducibility and repeatability of the assay, that is, the ability of the test to measure gene expression accurately and reliably.
- ²¹ Clinical validity: measures the test's ability to predict the presence or absence of disease, that is, the sensitivity, specificity, and positive and negative predictive values, in this case.
- ²² Schofield, D., K. Alam, L. Douglas, R. Shrestha, D. G. MacArthur, M. Davis, N. G. Laing, N. F. Clarke, J. Burns, S. T. Cooper, K. N. North, S. A. Sandaradura and G. O'Grady (2017). "Cost-effectiveness of massively parallel sequencing for diagnosis of paediatric muscle diseases." *npj Genomic Medicine* 2(4).